



loudmouth

education & training through theatre

Let's understand :

Safer Online Use

An exercise to explore how people can be safer online.

Exercise

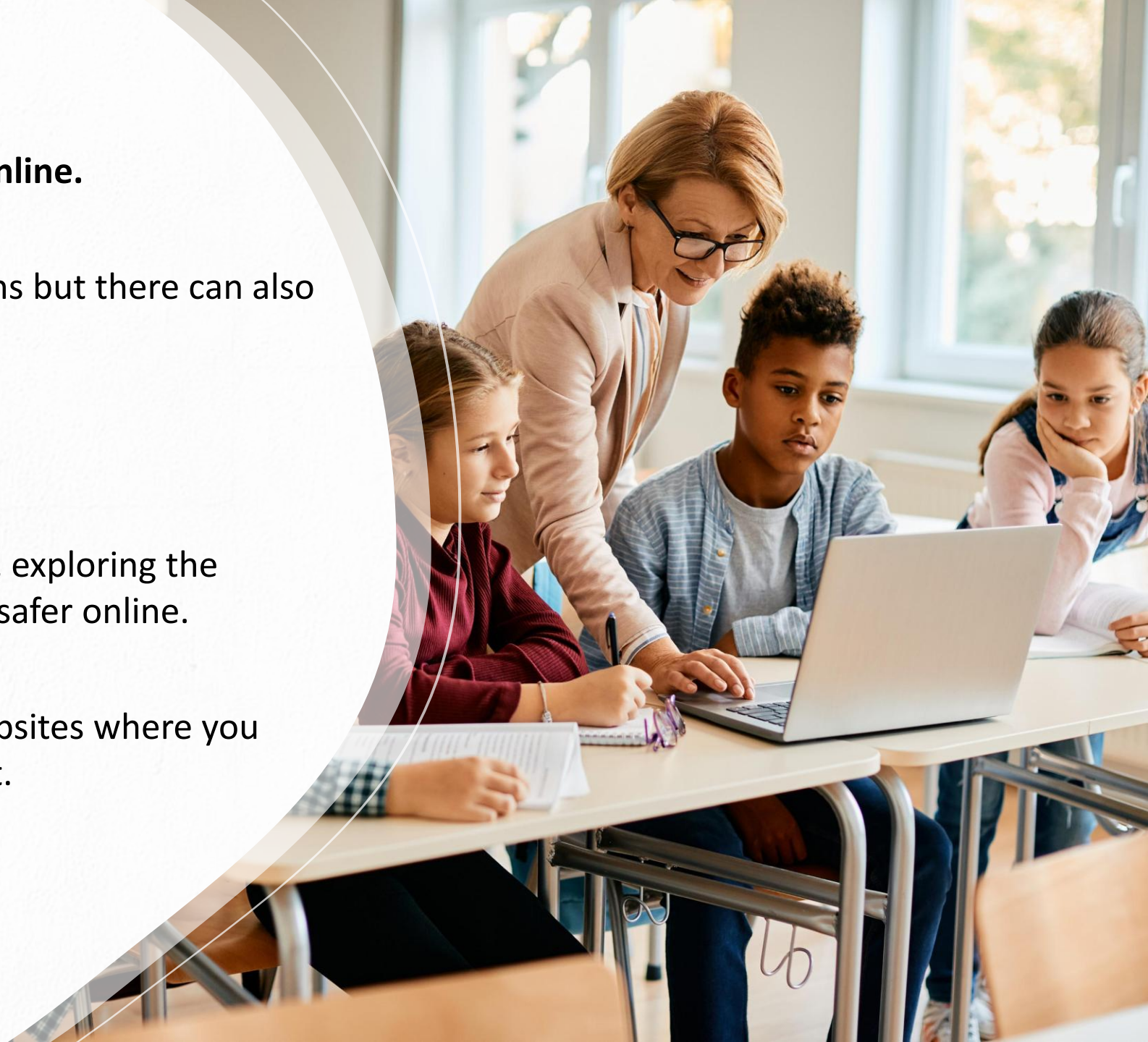
This exercise explores ways to be safer online.

Being online can be great for many reasons but there can also be negatives and risk.

So how can we all be safer online?

Spend some time in pairs or small groups, exploring the internet for advice and tips on how to be safer online.

On the next page are some suggested websites where you might find some great advice and support.



Click on a logo to see what tips and advice they offer.



Safer online use advice

- **Create strong usernames and passwords** – use upper and lowercase, numbers and symbols. Use a password generator.
- **Use privacy settings**
- **Keep your password safe** – only share with a trusted adult if you feel you might forget it.
- **Turn off location settings**
- **Check your sharing settings in your phone settings and apps**
- **Do not put personal information online** - This can include identifiable information like phone numbers, birthdays, addresses and school.

Let's get creative and support others.

Now you have a wealth of knowledge of how to be safer online, why not share it.

Spend some time creating a poster that shares the best tips and advice you have found.





Summary

Screen time can be great but there can be risks.

Use what you have learned today to be safer online.

Share your new knowledge with friends and family.