

# MY MATE FANCIES YOU - THEATRE IN EDUCATION PROGRAMME

## IMPACT REPORT



**loudmouth**  
education & training through theatre

For more information contact [enquiry@loudmouth.co.uk](mailto:enquiry@loudmouth.co.uk) 0121 446 4880



Since 1994, Loudmouth Education and Training have been supporting schools, organisations and partnerships with their relationships and health education programmes.

Loudmouth create and deliver theatre in education programmes to support children and young people to have healthy, happy and safe lives. Loudmouth run over 1,000 sessions a year, to over 100,000 children and young people a year.

My Mate Fancies You is Loudmouth's theatre in education programme for Year 5 to Year 7. This looks at puberty, growing up and the transition from primary to secondary school.

For more information visit the [My Mate Fancies You page](#) on our website.



In 24/25, Loudmouth ran a total of 75 sessions of My Mate Fancies You, a theatre in education programme on puberty, growing up and the transition from primary to secondary school.

The programme reached 4,966 young people aged 9 - 11 across the UK.






## The My Mate Fancies You programme...

- Consists of performances, character/s Q&A and a workshop that includes local and national signposting to partner support organisations.
- Teaches the children key facts about puberty including physical and emotional changes including awareness of menstruation as well as ideas for managing the move from primary to secondary school.
- Is led by Loudmouth's safeguarding trained actor/facilitators and are delivered in a safe, appropriate and trauma informed way.
- Is accompanied by teachers' resources to support our visits, this would include lesson plans and signposting information.
- Can be run as live or virtual sessions.

“My Mate Fancies You is possibly the most important afternoon these children have. It is a safe insight into puberty and prepares them for secondary school.”

- Headteacher



A man in a red hoodie is cheering with his arms outstretched in a classroom. A woman in a green shirt stands behind him, smiling. The background wall is blue and covered with various posters and photos, including one that says 'HOCKEY'. The foreground shows the backs of several students' heads.

After participating in  
the My Mate Fancies  
You programme,  
84% of pupils said  
that puberty was a  
natural part of life.

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**99% of all students evaluated said they thought that the My Mate Fancies You programme helps children to learn about growing up and puberty.**

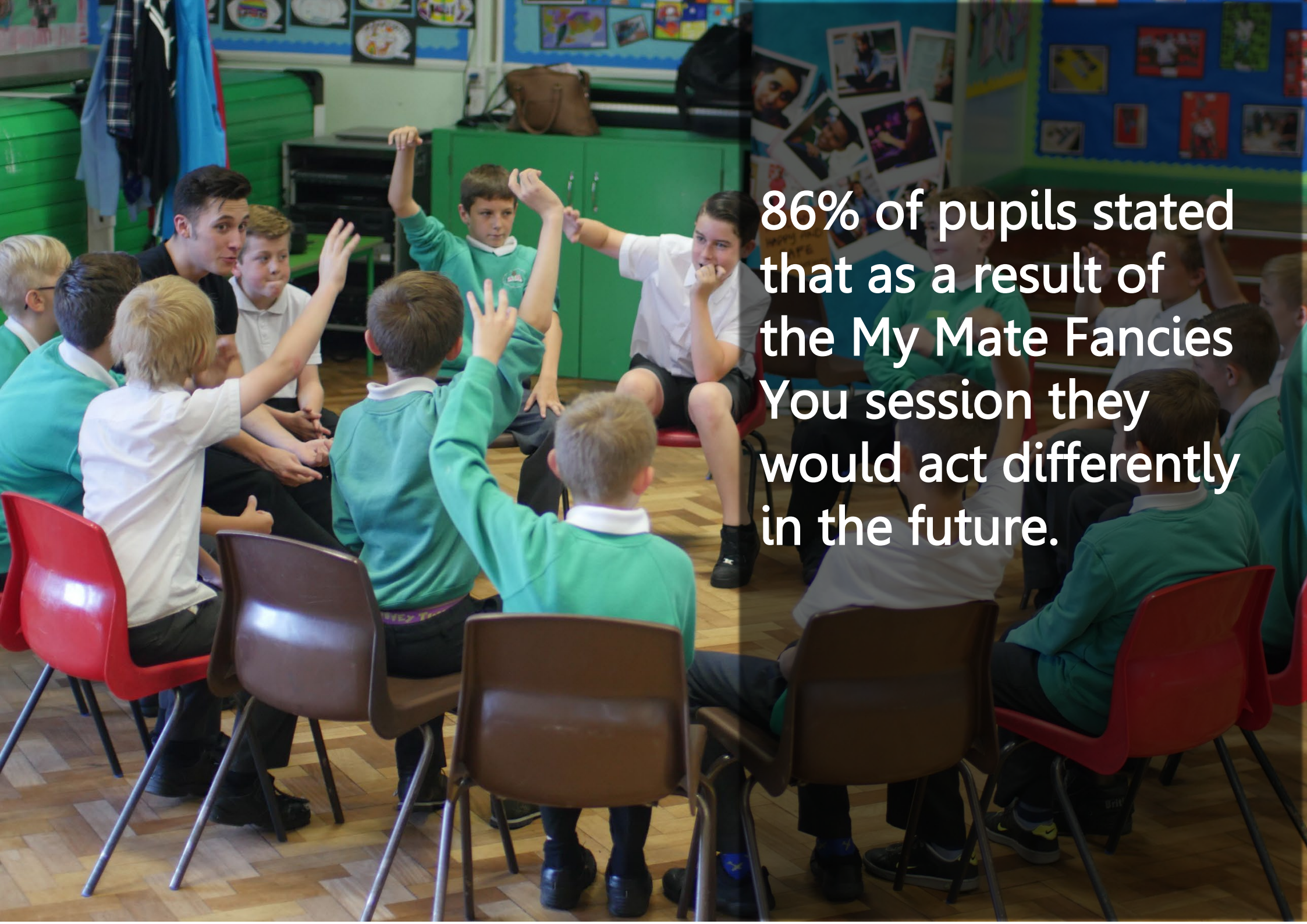
“Because it teaches people about the changes that will happen to you.”

“Because they make it funny but educational.”

“It shows that all of us experience something during puberty and nobody is alone.”

“Because it helps me feel more comfortable talking about it.”





86% of pupils stated that as a result of the My Mate Fancies You session they would act differently in the future.



**Example responses from students when asked 'how they would act or behave differently...'**

"I know who to ask for advice and that everyone goes through it so there's no need to be embarrassed."

"I feel more educated about different genders when they hit puberty."

"I learned more things you can use in periods other than pads."

"I will be less freaked out by puberty."




After the session 99% of pupils could name 3 places to go to for help or advice about growing up and puberty.

The most popular answer after the session was Childline, which was given by 84% of pupils. This was a rise from 12% before the session.

73% said that they would talk to a teacher and 68% to their parents / guardians.





A group of school children in green uniforms are sitting in a classroom, laughing and smiling. The children are of various ethnicities and are all looking towards the right side of the frame. The background shows a classroom setting with a large screen and some posters on the wall.

100% of all students evaluated said they thought that they would recommend My Mate Fancies You for next year's pupils.



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