

# SAFE AND SOUND - THEATRE IN EDUCATION PROGRAMME

## IMPACT REPORT



**loudmouth**  
education & training through theatre

For more information contact [enquiry@loudmouth.co.uk](mailto:enquiry@loudmouth.co.uk) 0121 446 4880



Since 1994, Loudmouth Education and Training have been supporting schools, organisations and partnerships with their violence prevention and safeguarding programmes.

Loudmouth create and deliver theatre in education programmes to support children and young people to have healthy and safe lives free from abuse and violence. Loudmouth are West Midlands based and run over 1,000 sessions a year, to over 100,000 children and young people a year.

Safe and Sound is Loudmouth's theatre in education programme for Year 8 to Post 16. This looks at abuse in teenage relationship/domestic abuse, consent and the use of power and control in relationships.

For more information visit the [Safe and Sound page](#) on our website.





• In 2024/25,  
Loudmouth ran a total  
of 95 sessions of Safe  
and Sound, a theatre  
in education  
programme on abuse  
in teenage  
relationships.

• The programme  
reached 12,671 young  
people aged 12 - 18  
across the UK.






## The Safe and Sound programme...

- Consists of performances, character/s Q&A and a workshop that includes local and national signposting to partner support organisations.
- Teaches the young people how to spots the signs of abuse in relationships, see the impacts and know where to go for support if they are affecting by the issues.
- Is led by Loudmouth's safeguarding trained actor/facilitators and are delivered in a safe, appropriate and trauma informed way.
- Can be run as live or virtual sessions.
- Is accompanied by teachers' resources to support our visits, this would include lesson plans, signposting information and parent/guardian support material.

“As a result of seeing the Safe and Sound programme, I feel more confident in recognising abusive and unsafe relationships.”

- Pupil

A photograph of several students in a classroom setting. In the foreground, a young man with dark skin is seen in profile, looking towards the right. Behind him, another student with light skin is also looking right, with his hands clasped near his face. Further back, another student is visible. The background shows a classroom with posters on the wall and a red bag hanging. The text is overlaid on the right side of the image.

After participating in the Safe and Sound programme, 71% of students stated that their knowledge of domestic abuse was 'Good' or 'Excellent'. This is a rise from 33% before the sessions.



**Example responses from students when asked why they thought the Safe and Sound session helps people to stay safe from teenage partner abuse.**

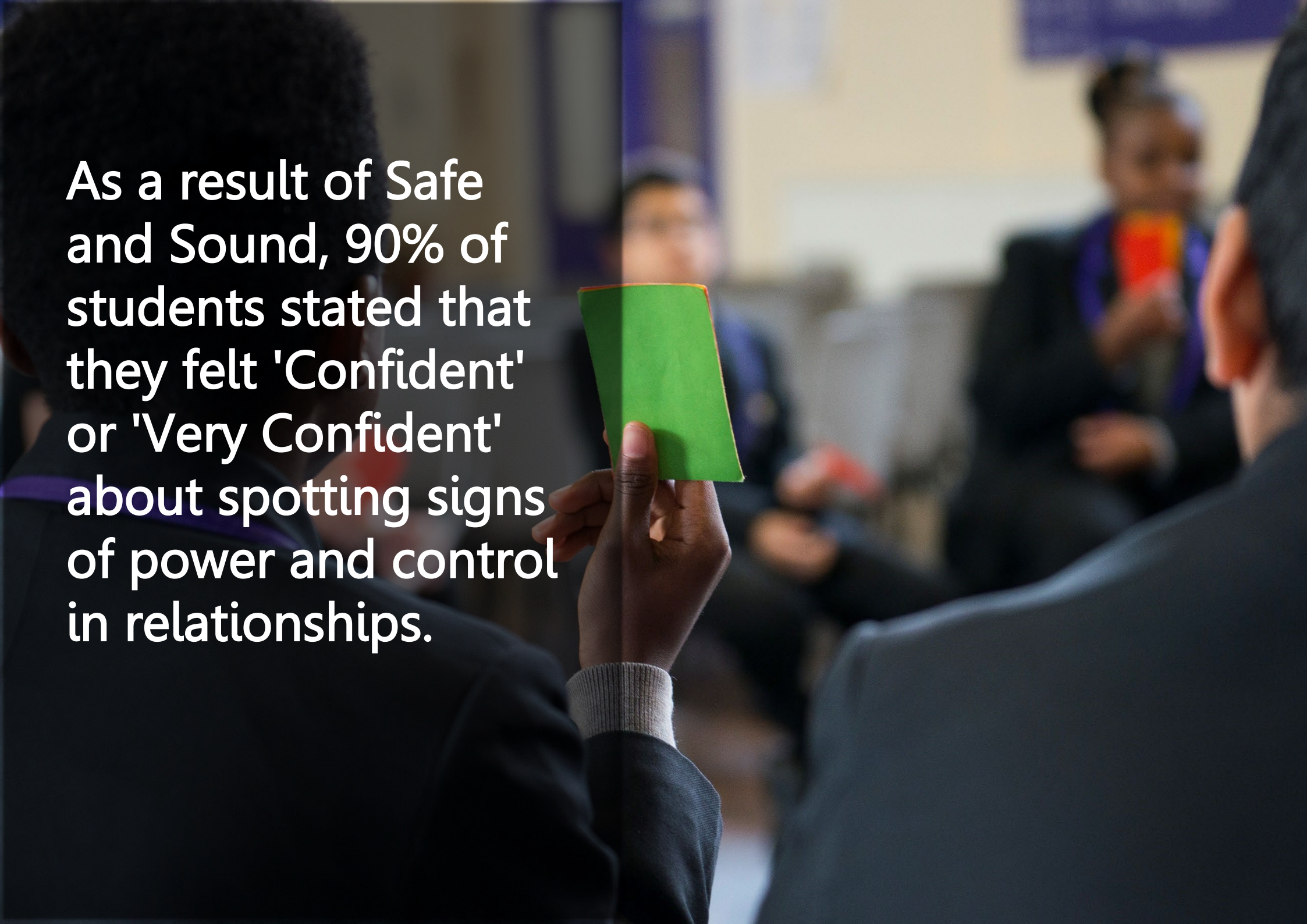
“Because it shows a physical presentation of how a relationship can gradually turn into an abusive relationship.”

“Because you get to see and understand what relationships can be like and how to deal with it and who to talk to.”

“Because when I watched the performance they made me feel safe.”

“It kind of teaches you what to do and to be more aware of your partners actions towards you.”



A person in the foreground is holding up a small, rectangular green card. They are wearing a dark jacket and a light-colored ribbed sweater cuff is visible. In the background, several other people are seated, some holding similar colored cards (one person holds a red and orange card). The setting appears to be a classroom or a group meeting.

As a result of Safe and Sound, 90% of students stated that they felt 'Confident' or 'Very Confident' about spotting signs of power and control in relationships.



**58% of students stated that as a result of the Safe and Sound session they would act differently in the future.**

“I will understand different signs of abuse and different types of abuse.”

“I will keep an eye on my friends to check out for them.”

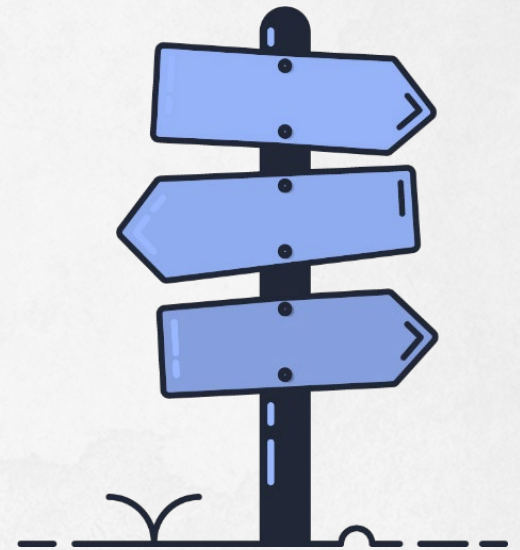
“I will be aware of the signs and stop them before they continue.”

“I will not display any 'Zac' qualities.”



After the session 97% could name 3 places to go to for help and support around teenage partner abuse. This is a rise from 23% before the session.

The most popular answer after the session was Childline, which was given by 92% of pupils. This was a rise from 40% before the session.





**99% of all students evaluated said they would recommend the programme to the next year's students.**



**For more information contact [enquiry@loudmouth.co.uk](mailto:enquiry@loudmouth.co.uk) 0121 446 4880**