## THE BULLY BUSTERS - THEATRE IN EDUCATION PROGRAMME IMPACT REPORT





Since 1994, Loudmouth Education and Training has been supporting schools, organisations and partnerships with their violence prevention and safeguarding programmes.

Loudmouth creates and delivers theatre in education programmes to support children and young people to have healthy and safe lives free from abuse and violence. Loudmouth are West Midlands based, and each year run over 1,000 sessions with more than 100,000 children and young people.

'The Bully Busters' is Loudmouth's theatre in education programme for Year 3 to Year 6. This looks at bullying and mental wellbeing. The drama and workshop help children to spot and prevent bullying and explore strategies to protect their mental wellbeing.

For more information visit the <u>'The Bully Busters' page</u> on our website.

In the academic year 24/25, Loudmouth ran a total of 71 sessions of 'The Bully Busters', a theatre in education programmes on staying safe.

We reached 4,459 children aged between 7 and 11 years old across the UK.



## 'The Bully Busters' programme...

- Consists of performances, character/s Q&A and a workshop that includes local and national signposting to partner support organisations.
- Teaches the children about bullying, how to stay safe online and how the 5 ways to wellbeing can help support mental health. Pupil also learn about where to get support if they or anyone they know is being bullied.
- Is led by Loudmouth's safeguarding trained
  Actor/Facilitators and are delivered in a safe, appropriate
  and trauma informed way.
- Can be run as live or virtual sessions.
- Is accompanied by teachers' resources to support our visits, this would include lesson plans, signposting information and parent/guardian support material.

"This is fantastic, there's kids in here that never get involved or answer any of my questions, but for Loudmouth, they have been throwing their hands up and giving really long and beautiful answers. It makes me so proud."- Year 4 teacher.



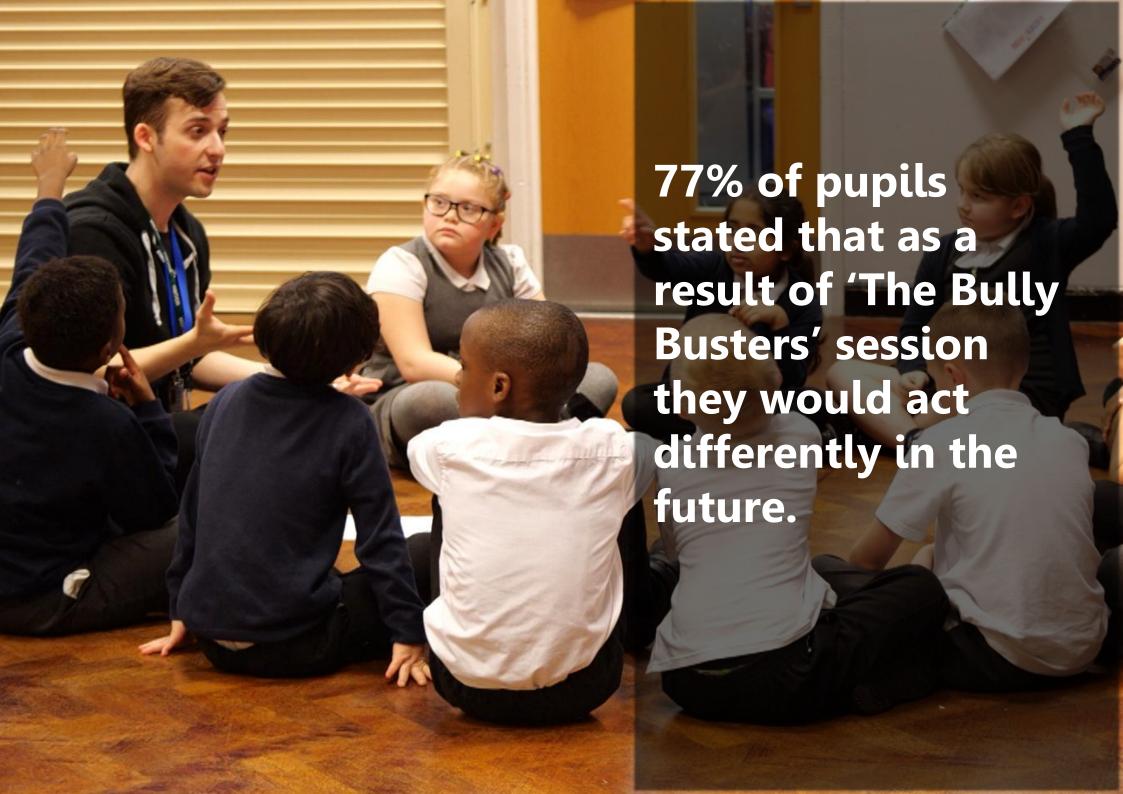
100% of students stated that 'The Bully Busters' session helps people learn about bullying / cyber bullying.

"Because Loudmouth is fun, so children understand better."

"Because it taught you to be kind."

"Because their stories show how to react if you are in the same situation."

"Because it protects your mental health."



Example responses from students when asked 'how they would act or behave differently...'

"I now understand more about different sorts of bullying."

"I will help and 'not be a bystander and be a friend' to make sure bullying goes away."

"I know what to do when someone cyber bullies me."

"I know you can ring Childline if you need help."

After the session 87% of pupils could name 3 places to go to for help and support if they did not feel safe.

The most popular answer after the session was Childline, which was given by 87% of pupils.

This was a rise from 15% before the session.



99% of all students evaluated said they thought that they would recommend 'The Bully Busters' for next year's pupils.

For more information contact enquiry@loudmouth.co.uk 0121 446 4880