

BULLY 4 U SECONDARY - THEATRE IN EDUCATION PROGRAMME

IMPACT REPORT



loudmouth
education & training through theatre

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Since 1994, Loudmouth Education and Training has been supporting schools, organisations and partnerships with their violence prevention and safeguarding programmes.

Loudmouth creates and delivers theatre in education programmes to support children and young people to have healthy and safe lives free from abuse and violence. Loudmouth are West Midlands based and each year run over 1,000 sessions to more than 100,000 children and young people.

Bully 4 U is Loudmouth's theatre in education programme for Year 7 upwards. This looks at bullying, resilience, sextortion and online safety, homophobic and sexual/sexist bullying. The drama and workshop helps children to spot and prevent bullying and explore strategies to protect their mental wellbeing.

For more information visit the [Bully 4 U page](#) on our website.

In the academic year 23/24, Loudmouth ran a total of 53 sessions of Bully 4 U, a theatre in education programme on staying safe.

We reached 6,594 young people aged between 11 and 16 years old across the UK.



The Bully 4 U programme...

- **Consists of performances, character/s Q&A and a workshop that includes local and national signposting to partner support organisations.**
- **Teaches students about different forms of bullying that they may not be familiar with. These include cyberbullying and sextortion. The programme explores the impact of sexual / sexist and homophobic bullying and the impact of bullying within relationships. Students learn where to get support if they or anyone they know is being bullied.**
- **Is led by Loudmouth's safeguarding trained Actor/Facilitators and are delivered in a safe, appropriate and trauma informed way.**
- **Can be run as live or virtual sessions.**
- **Is accompanied by teachers' resources to support our visits, this would include lesson plans, signposting information and parent/guardian support material.**

“Brilliant message, identifying different kinds of bullying which pupils might not recognise.”

- KS3 Leader



After participating in the Bully 4 U programme, 84% of students rated their knowledge of bullying as good or excellent. This is a rise from 53% before the session


**98% of students felt that Bully 4_U helps people to learn about bullying / cyber bullying.
Examples of why are shown below.**

“It shows helpful tips on how to stop cyber bullying and how to stop physical bullying.”

“It shows how bullying can affect people’s mental and physical health.”

“because they talk about bullying and what to do if it’s happening to you.”

“The scenarios are relatable so it could help the people in the situation.”

A large group of school pupils, mostly teenagers, are seated in rows in a hall. Many of them have their hands raised, suggesting they are participating in a class activity or a game. The pupils are wearing school uniforms, including dark sweaters and light-colored shirts. The background is a blue curtain.

**66% of pupils
stated that as a
result of the
Bully 4 U
session they
would act
differently in
the future.**

Example responses from students when asked 'how they would act or behave differently...'

"I will now be more considerate when seeing bullying or the way I treat others."

"I think that I will check twice and think twice before I say things, and others will too."

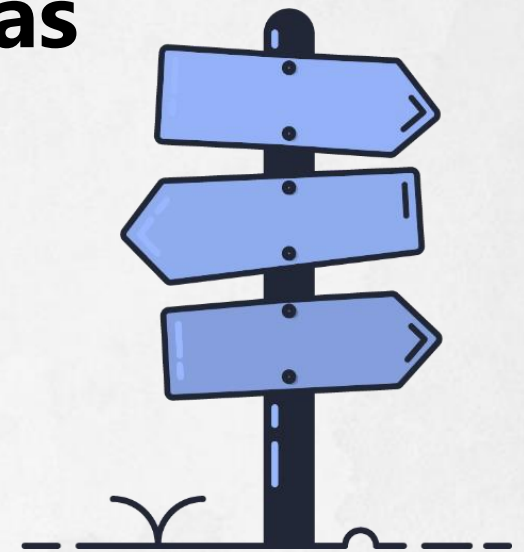
"I will know what to do in the future if I am being bullied."


"I know the different types of bullying and how to deal with it."

After the session 85% of pupils could name 3 places to go to for help and support if they did not feel safe.

The most popular answer after the session was Childline, which was given by 73% of pupils.

This was a rise from 20% before the session.



A young person with short, curly brown hair is sitting on a blue upholstered chair in a library or study area. They are wearing a black zip-up hoodie and dark trousers. They are smiling and gesturing with their hands while holding a blue marker. In the background, there are bookshelves filled with books and blue binders. To the right, another person is partially visible, sitting on a similar chair. The floor is covered with blue carpeting.

96% of all students evaluated said they thought that they would recommend Bully 4 U for next year's pupils.

For more information contact enquiry@loudmouth.co.uk 0121 446 4880