

BULLY 4 U PRIMARY - THEATRE IN EDUCATION PROGRAMME

IMPACT REPORT



loudmouth
education & training through theatre

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Since 1994, Loudmouth Education and Training has been supporting schools, organisations and partnerships with their violence prevention and safeguarding programmes.

Loudmouth creates and delivers theatre in education programmes to support children and young people to have healthy and safe lives free from abuse and violence. Loudmouth are West Midlands based and each year run over 1,000 sessions with more than 100,000 children and young people.

Bully 4 U is Loudmouth's theatre in education programme for Year 3 to Year 6. This looks at bullying and mental wellbeing. The drama and workshop helps children to spot and prevent bullying and explore strategies to protect their mental wellbeing.

For more information visit the [Bully 4 U page](#) on our website.

In the academic year 23/24, Loudmouth ran a total of 47 sessions of Bully 4 U, a theatre in education programmes on staying safe.

We reached 4,004 children aged between 7 and 11 years old across the UK.

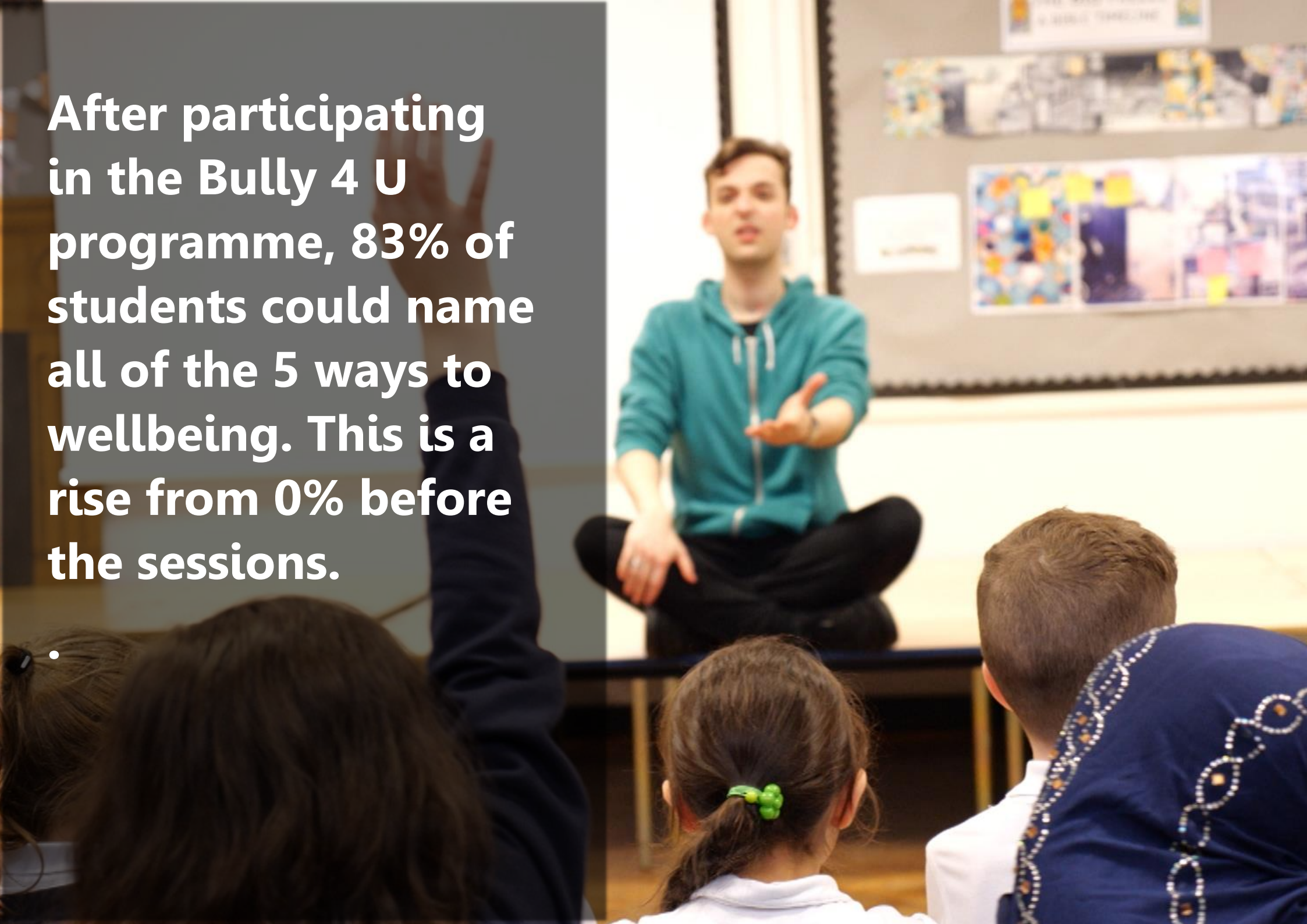


The Bully 4 U programme...

- **Consists of performances, character/s Q&A and a workshop that includes local and national signposting to partner support organisations.**
- **Teaches the children about bullying, how to stay safe online and how the 5 ways to wellbeing can help support mental health. Pupil also learn about where to get support if they or anyone they know is being bullied.**
- **Is led by Loudmouth's safeguarding trained Actor/Facilitators and are delivered in a safe, appropriate and trauma informed way.**
- **Can be run as live or virtual sessions.**
- **Is accompanied by teachers' resources to support our visits, this would include lesson plans, signposting information and parent/guardian support material.**

“This is fantastic, there’s kids in here that never get involved or answer any of my questions, but for Loudmouth, they have been throwing their hands up and giving really long and beautiful answers. It makes me so proud.”- Year 4 teacher.

After participating in the Bully 4 U programme, 83% of students could name all of the 5 ways to wellbeing. This is a rise from 0% before the sessions.



100% of students stated that the Bully 4 U session helps people learn about bullying / cyber bullying.

“Because Loudmouth is fun, so children understand better.”

“Because it taught you to be kind.”

“Because their stories show how to react if you are in the same situation.”

“Because it protects your mental health.”



**77% of pupils
stated that as a
result of the Bully
4 U session they
would act
differently in the
future.**

Example responses from students when asked 'how they would act or behave differently...'

"I now understand more about different sorts of bullying."

"I will help and 'not be a bystander and be a friend' to make sure bullying goes away."

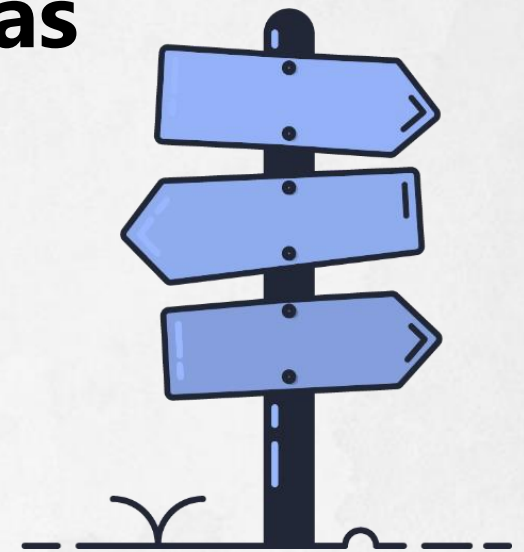
"I know what to do when someone cyber bullies me."


"I know you can ring Childline if you need help."

After the session 87% of pupils could name 3 places to go to for help and support if they did not feel safe.

The most popular answer after the session was Childline, which was given by 87% of pupils.

This was a rise from 15% before the session.



A young girl with brown hair and a white headband is sitting on a wooden floor. She is wearing a purple school uniform with a teal collar. She has a serious expression and her right hand is raised near her head. In the background, other students in purple uniforms are sitting on the floor, some with their backs to the camera. The scene appears to be a classroom or a school assembly.

99% of all students evaluated said they thought that they would recommend Bully 4 U for next year's pupils.

For more information contact enquiry@loudmouth.co.uk 0121 446 4880