

Growing Positive Behaviour

Age Range:

8-11, Years 4-6, KS2

Topics Covered:

Bullying, Positive Behaviour

Time:

30 minutes

Equipment needed:

Handprint template
(Included)

Learning Outcomes:

- Children have an increased awareness of what makes a safe and healthy relationship.
- Children have increased knowledge of relevant and appropriate services that can support children if they do not feel safe e.g. Childline

This exercise supports key topics identified in the new statutory RSHE guidance, including:

- Families and people who care for me
- Respectful relationships
- Being safe

This exercise can be used to look at positive behaviour on an individual and group basis.

Introduction

By the end of this exercise, learners should be able to identify positive behaviour and the affect it can have on others.

Tell the group that we are going create a display for the school. This display will be of a tree which grows positive behaviour.

Exercise

Ask the group to make a list of all the nice things the school does to help people feel happy, healthy and safe. These suggestions should go on the trunk of the tree and show the core things the school and everyone in the school do to promote happy, healthy and safe relationships e.g. somewhere to go and talk to someone, fun activities etc.

Then ask each learner to take one of the hand cut outs provided on the next page. On their hand ask them to write one thing they do which helps other people feel happy, healthy or safe e.g. being kind, offering help etc.

All of the hands can then be used to create the leaves of the tree. (Printing the hands onto green, yellow or orange paper can help to make a colourful, vibrant display)

This display can be used in the classroom or somewhere more prominent in the school.

Summary

You could sum up this exercise by asking the group to look at the tree and make any other suggestions to make it grow stronger and any things that might prevent the tree from growing.

Explore how these activities and behaviours can help to stop bullying happening in the school and make the school a safe and happy place to work and play in.

Other tree displays can be made to look at home-life or their community.

Hand Template

