



The DfE Relationship education guidance for primary schools states that pupils should know

- about different types of bullying (including cyberbullying and, the impact of bullying).
- about how to get help and the responsibilities of bystanders to report bullying to an adult.
- that bullying (including cyberbullying) can have a lasting impact on mental wellbeing.
- that mental wellbeing is a normal part of daily life, in the same way as physical health.
- that there is a normal range of emotions (e.g. happiness, sadness, fear, surprise, nervousness) to different experiences.

"Great value. Talking to the characters was particularly beneficial. The way you addressed the emotional effects was fantastic!" **Teacher**

Concept

Fun and safe theatre in education programme on bullying and mental wellbeing.

"Engaging and relates to real life. Uses superheroes which children love."

Miss Walker, Teacher, Joseph Turner Primary School

Let our Bully Busters help your children learn about bullying and the 5 ways to wellbeing.





Objective

Helping children to spot and prevent bullying and explore strategies to protect their mental wellbeing

This lively drama and discussion workshop helps children to identify a range of bullying types e.g. cyberbullying, understand the impact it can have, the importance of mental wellbeing and how/where to get help.

Outcomes

Proven increase of children's knowledge and skills around bullying and mental wellbeing.



- 99% of pupils after the session said they would tell someone if they saw someone else being bullied.
- 94% of pupils after the session could name all 5 top tips for staying safe online.
- 68% could name at least 3 of the 5 ways to wellbeing. Only 4% could before the session.
- 94% of staff said that the programme had increased their confidence in teaching about the issues.

To find out how young people in your school could benefit from this programme contact Loudmouth Education and Training on 0121 446 4880 or email info@loudmouth.co.uk