



The DfE guidance for RSE in secondary schools states that students should know

- that safer sex and sexual health helps ensure that young people are equipped to make safe, informed and healthy choices as they progress through adult life.
- the facts about the full range of contraceptive choices and options available.
- how the different sexually transmitted infections (STIs) are transmitted, how risk can be reduced through safer sex (including through condom use), the importance of testing and key facts about treatment.
- how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.
- how people can actively communicate and recognise sexual consent from others, and how and when consent can be withdrawn.

*"I couldn't rate it higher and would recommend this workshop/production to every other school." - **Head of Year***

Concept

Fun and informative theatre in education programme on sexual health and consent.

This programme teaches about a wide range of sexual health issues including STI's, contraception and consent.

*"I have delivered and seen a number of approaches for sex education but this is truly the most memorable performance as it reached out to the students in an environment that was made open, comfortable and engaging with students learning without even realising it!"- **Deputy Head***





Objective

Proven increase of young people's confidence and skills around sexual health

This lively drama and discussion workshop help young people understand how to make safe and healthy choices in their sexual relationships. The programme follows a young couple navigating their new relationship – will they know how to communicate well with each other, do they understand consent, what do they know about contraception and STIs and the importance of testing and accessing sexual health services?

Outcomes

Proven increase of young people's confidence and skills around sexual health

Evaluation has shown that this programme has increased young people's knowledge of STIs and contraception and increased their confidence in negotiating relationships (contraception) and seeking help on sexual health issues.



- 95% felt that after the programme that it is important to wait until you are ready for a sexual relationship.
- 97% could identify that condoms/femidoms protect against pregnancy and STIs.
- 83% could identify key facts about chlamydia.
- 94% of staff said that the programme had increased their confidence in teaching about the issues.

To find out how young people in your school could benefit from this programme contact Loudmouth Education and Training on 0121 446 4880 or e mail info@loudmouth.co.uk