

STI Card Game

Age Range:

13+, Years 9+,
KS3, KS4

Topics Covered:

Knowledge of Sexually
Transmitted Infections

Time:

20 - 40 minutes

Equipment needed:

Set of STI cards and
worksheets (included in
this exercise).

Learning Outcomes:

- Young people have increased knowledge of STIs, contraception and unplanned pregnancy.

- Young people have increased knowledge of relevant and appropriate sexual health and contraception services / screening

This supports key concepts for PSHE education in personal wellbeing including:

- Personal identities
- Healthy lifestyles
- Risk
- Relationships

An exercise to raise awareness and increase knowledge of the main Sexually Transmitted Infections (STIs) found in the UK.

Introduction

This exercise uses creative thinking and team work to help groups to match the names of key Sexually Transmitted Infections (STIs) with their main causes, symptoms and treatments.

Exercise

The STI card game features a set of 40 cards made up of four different types of cards featuring ten different STI names, causes, symptoms and treatments. These can be found included in this document. The game is to match the cards together to get a full picture of the ten main STIs. These cards can be photocopied onto paper or card and cut out for groups to use or even copied onto different coloured card to differentiate the four types of cards.

It may be worth doing a quick check that everyone is clear of the definitions of cause, symptom and treatment.

Split the group into 3 or 4 smaller groups and give each a pack of all 40 cards. Give a time limit and ask them to arrange the cards so that they match the right STI with the corresponding cause, symptoms and treatment.

Learners can group the cards on the table or floor to show their work or use the included worksheet included in this document to record their answers. The worksheet is useful if you want groups to swap and then mark each other's work.

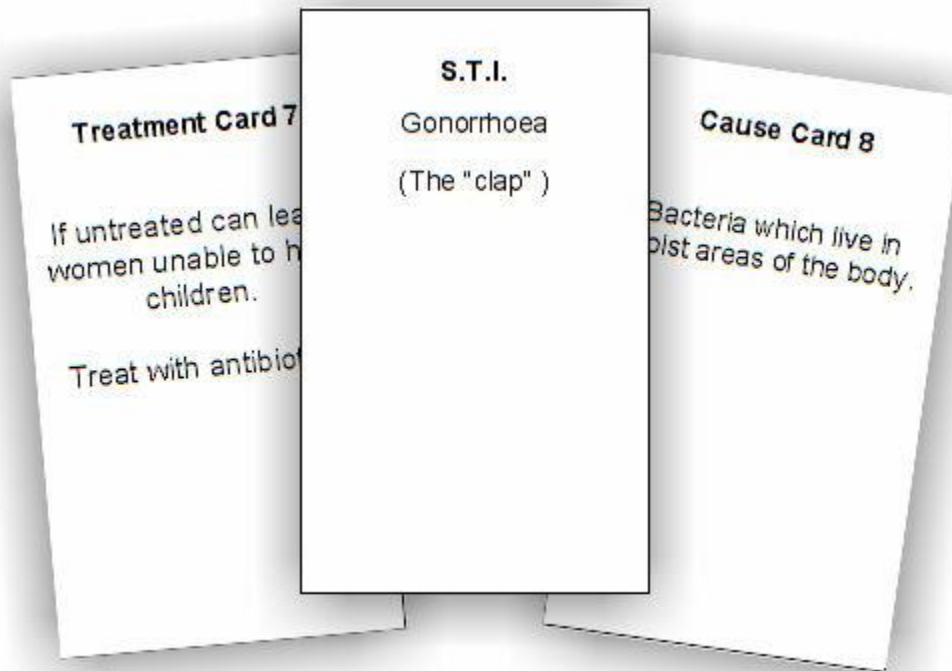
The correct answers are listed on the next page.

Summary

Ask the group what they have learned from the exercise and where people could go for treatment if they suspected that they had any of these STIs.

It can be useful to record each group's score and revisit this exercise later in the term or programme of work to see how the levels of knowledge have increased.

STI Card Game (Answers)



This fun card game is for groups to get their heads around the different types of sexually transmitted infections and to work together to increase their awareness of causes, symptoms and treatments. The cards used in this exercise were taken from a game developed by Michelle Diaz at MD Consultancy UK Ltd.

The correct matching of the STI, cause, symptom and treatment cards is listed below.

S.T.I. Card	Cause Cards	Symptom Cards	Treatment Cards
Chlamydia	3	2	7 or 10
Gonorrhoea	8	7	7 or 10
Thrush	7	1	4
Genital Warts	2	10	9
Trichomonas	4	6	3
Genital Herpes	1	5	8
Pubic Lice	9	3	2
Syphilis	10	4	1
Hepatitis B	6	8	5
HIV /AIDS	5	9	6

S.T.I.

Chlamydia

S.T.I.

Thrush

S.T.I.

Trichomonas
Vaginalis (TV)

S.T.I.

Pubic Lice

S.T.I.

Hepatitis B

S.T.I.

Gonorrhoea
(The "clap")

S.T.I.

Genital Warts

S.T.I.

Genital Herpes

S.T.I.

Syphilis
(The "pox")

S.T.I.

HIV / AIDS

Cause Card 1

A virus which produces sores.

Cause Card 2

Virus similar to the one which produces skin warts.

Cause Card 3

The Chlamydia Germ.

Cause Card 4

Small parasite which infects the vagina and urethra.

Cause Card 5

A virus in the blood and other body fluids that can destroy the body's immune system.
Leaves the body unable to fight infections.

Cause Card 6

A virus in the blood that can cause liver damage.

Cause Card 7

A yeast which many people have on their skin and usually causes no problems.
If it multiplies too much it can cause problems.
It can be caused by things other than sex.

Cause Card 8

Bacteria which live in moist areas of the body.

Cause Card 9

Small lice which live in pubic hair.

Cause Card 10

Organism in the blood and other body fluids.

Symptom Card 1

WOMEN

Thick, white discharge from the vagina; pain when peeing and itching around the vagina.

MEN

Sometimes a rash and /or soreness under the foreskin.

Symptom Card 2

Unusual discharge from the vagina or penis. Swelling around sex organs. Pain when peeing.

Often no signs at all.

Symptom Card 3

Severe itching around the genitals.

Small nits (eggs) on pubic hair and underwear.

Symptom Card 4

Starts with a painless sore near the vagina or penis.

Next a rash appears anywhere on the body and flu symptoms. In later stages these symptoms disappear.

Symptom Card 5

Painful blisters or sores in and around the genitals.

Symptom Card 6

Yellow or white, smelly discharge from the vagina or penis.

May be no symptoms at all especially in men.

Symptom Card 7

Unusual discharge from the vagina or penis. Swelling around sex organs.

Pain when peeing. Often no signs in women at all.

Symptom Card 8

Can have flu symptoms, tiredness and pain in the joints. Then jaundice and weight loss.

Many people slowly recover. Some people may have no symptoms but are still carriers.

Symptom Card 9

People may look well for many years and they may have no idea that they are infected.

They may have periods of ill health. It can involve a range of illnesses, loss of energy, and weight loss.

Symptom Card 10

Growths or warts anywhere on the genital areas.

Treatment Card 1

It is now very rare.

Untreated it can cause heart failure, brain damage, blindness and death.

It is fairly easy to treat with antibiotics.

Treatment Card 2

Special lotion from a chemist.

Soap and water does not work.

Treatment Card 3

A short course of antibiotics.

The most common treatment is a course of tablets called metronidazole.

Treatment Card 4

Women are given pessaries and cream to stop the itching.

Men are given a cream.

Treatment Card 5

The only treatment is plenty of rest and healthy food.

It can take months to recover.

Hepatitis B vaccinations are available.

Treatment Card 6

No cure available yet.

There are medical treatments to ease related illnesses.

Having a good diet And lots of support can help.

Treatment Card 7

If untreated can leave women unable to have children.

Treat with antibiotics.

Treatment Card 8

No cure yet.

A medicine called Acyclovir can help.

Wash infected area in salty water, apply witch hazel to sores, avoid tight clothing.

Treatment Card 9

Special lotion or cream.

Larger ones are cut, burnt or frozen off.

Treatment Card 10

If untreated can leave women unable to have children.

Treat with antibiotics.

STI Card Game Worksheet

Name / Team Name :

Using the cards match the STI card with the cause, symptom and treatment that you think it links with. Once you are happy with your order then record these on the grid below.

STI Card	Cause Cards	Symptom Cards	Treatment Cards
Chlamydia			
Gonorrhoea			
Thrush			
Genital Warts			
Trichomonas			
Genital Herpes			
Pubic Lice			
Syphilis			
Hepatitis B			
HIV /AIDS			