

TRUST ME



QUICK REFERENCE

TRUST ME

SECONDARY,
COLLEGE,
AGES 12 +
KS3, KS4

ISSUES COVERED

SEXUAL HEALTH,
CONSENT, STIS,
UNPLANNED PREGNANCY,
PORNOGRAPHY,
DELAY

The UK has the highest teenage pregnancy rate in Western Europe and rates of sexually transmitted infections such as chlamydia continue to rise, affecting as many as one in ten young people.

HOW WE CAN HELP

Trust Me is a lively theatre in education programme that helps young people aged 12 upwards to learn about relationships and key sexual health issues; consent, STI's, contraception, unplanned pregnancy, pornography and delay. The programme is a great way to raise awareness of local sexual health services and supports learners to understand the impact that unprotected sex can have and share ideas on how to create healthy, happy and safe relationships.

WHAT WE DO

Trust Me includes a drama and interactive workshop, available in different formats to suit your budget and timetable. We can work with a whole year group in one day for theme or drop down days or can do more targeted work with class sized groups. Sessions are also available for parents and teachers.

We are very low tech; we come to your venue and can run sessions in spaces such as classrooms, school halls or youth centres.

Learners will -

- Explore attitudes and beliefs around sexual relationships and contraception.
- Gain awareness of local services including awareness of clinics, screening and contraception services.
- Clarify important information and myths around STIs, contraception and pregnancy.
- Increase their knowledge of STIs, contraception and unplanned pregnancy.

"VERY WELL
STRUCTURED,
SENSITIVE HANDLING
OF THE SUBJECT
MATTER -
MEANINGFUL TO
THE AUDIENCE!"
- VICE PRINCIPLE



The whole thing was really good fun, educational and helpful. It was fun, comfortable and chilled out which was lovely
- Young Person

Trust Me is used across the UK to support work on reducing teenage conceptions and the spread of sexually transmitted infections. The programme has been evaluated to show increases in awareness, skills and knowledge and the use of drama and interaction is an approach that learners say they want. Evaluation has also shown that young people gain a better awareness of local health services and the programme can substantially increase chlamydia screens in educational settings.

SIMPLE, CLEAR BOOKING PROCESS

Since 1994, Loudmouth have worked with over half a million children and young people across the UK and Europe and are a regular part of many schools' annual PSHE programme. This means we understand how to make the booking process as simple as possible with clear advice and a friendly and hassle free service.



Call today for a quote on 0121 446 4880

For further information on this programme or any other Loudmouth programmes phone Caroline Bridges on (0121) 446 4880, email info@loudmouth.co.uk or look at our Loudmouth website at www.loudmouth.co.uk