



# SAFE & SOUND

**QUICK REFERENCE**

**SAFE AND SOUND**

SECONADRY, COLLEGE AGES 12+, KS3 & 4

**ISSUES COVERED**

TEENAGE RELATIONSHIP/ DOMESTIC ABUSE, CONSENT, POWER AND CONTROL IN RELATIONSHIPS.

## SAFE AND SOUND

A report by the NSPCC showed that 25% of girls and 18% of boys reported some form of physical partner violence. 75% of girls and 50% of boys reported some form of emotional partner violence.

### HOW WE CAN HELP

Safe and Sound a theatre in education programme that helps young people aged 12 upwards to spot the misuse of power and control in relationships, understand consent and safeguard themselves against teenage relationship abuse. The programme is accompanied by a term's worth of online lesson plans.

**"VERY IMPRESSED WITH THE APPROACH USED. LOUDMOUTH WERE ABLE TO TAKE THE CHILDREN OUT OF THEIR USUAL COMFORT ZONE WITHOUT ANY OF THEM FEELING VULNERABLE"**  
- HEADTEACHER

### WHAT WE DO

Safe and Sound includes a drama and interactive workshop, available in different formats to suit your budget and timetable. We can work with a whole year group in one day for theme or drop down days or can do more targeted work with class sized groups. We are very low tech; we come to your venue and can run sessions in spaces such as classrooms, school halls or youth centres.

Learners will -

- have an increased empathy for people affected by abusive relationships including domestic abuse and teenage relationship abuse.
- have an increased ability to assess risk and identify abuses of power and control in relationships.
- have increased knowledge of what local services can do to support young people affected by abusive relationships or domestic abuse, e.g. Women's Aid, Brook, ChildLine.

*"I genuinely believe that this programme will change some of our students' lives for the better. They will now be able to recognise signs that can lead to abusive relationships."* - **PSHE Co-ordinator**

### SIMPLE, CLEAR BOOKING PROCESS

Since 1994, Loudmouth have worked with over half a million children and young people across the UK and Europe and are a regular part of many schools' annual PSHE programme. This means we understand how to make the booking process as simple as possible with clear advice and a friendly and hassle free service.



**Call today for a quote on 0121 446 4880**

For further information on this programme or any other Loudmouth programmes phone Caroline Bridges on (0121) 446 4880, email [info@loudmouth.co.uk](mailto:info@loudmouth.co.uk) or look at our Loudmouth website at [www.loudmouth.co.uk](http://www.loudmouth.co.uk)