

## QUICK REFERENCE

### ONE 2 MANY

SECONDARY,  
COLLEGE, AGES  
12+, KS 3 & 4

### ISSUES COVERED

ALCOHOL,  
SUBSTANCE  
MISUSE  
INCLUDING  
CANNABIS, &  
'LEGAL HIGHS'



## LEARNING OBJECTIVES FOR ONE 2 MANY

### Attitudes and Values

- Young people have an increased understanding of the reasons why people should drink responsibly.
- Young people have an increased awareness of the effects that alcohol and drugs can have on personal safety, decision making relationships and future career choices.
- Young people have increased understanding of the risks alcohol and drugs can present to both self and to others.

### Skills

- Young people have increased ability to identify a range of relevant and appropriate services that can support young people affected by alcohol or substance misuse.
- Young people have an increased ability to identify a range of effective strategies for staying safe around alcohol and drugs.
- Young people have an increased ability to identify a range of effective strategies for drinking responsibly and staying safe if using alcohol in the future.

### Knowledge

- Young people have increased knowledge of the health risks involved in the misuse of alcohol including liver damage, obesity and heart disease.
- Young people have increased knowledge of the health risks involved in the misuse of drugs particularly cannabis and new psychoactive substances ('legal highs')
- Young people have increased knowledge of what relevant and appropriate services can offer to support young people around alcohol and substance misuse. e.g. Frank, ChildLine and Drinkaware.

*Extremely emotive and encouraging approach to learning! Excellent!*

- West Midlands Police

*Really useful for highlighting risks, safety issues and other effects young people may not think of.*

- Community Alcohol Project Manager

## KEY FINDINGS FROM EVALUATION

- 93% of students said that One 2 Many made them feel more knowledgeable about how to stay safe when drinking alcohol or being around alcohol.
- 100% of staff rated One 2 Many as 'above average' or 'excellent'.



**Call today for a quote on 0121 446 4880**

For further information on this programme or any other Loudmouth programmes phone Caroline Bridges on (0121) 446 4880 email [info@loudmouth.co.uk](mailto:info@loudmouth.co.uk) or visit our website at [www.loudmouth.co.uk](http://www.loudmouth.co.uk)