

## QUICK REFERENCE

### ONE 2 MANY

SECONDARY,  
COLLEGE, AGES  
12+, KS 3 & 4

### ISSUES COVERED

ALCOHOL,  
SUBSTANCE  
MISUSE  
INCLUDING  
CANNABIS, &  
'LEGAL HIGHS'

# ONE 2 MANY

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Each year almost 5,000 young people in England are admitted to hospital because of alcohol abuse and around 20% of 16 to 24 year olds use an illegal drug. Cannabis is the most commonly used drug amongst young people with strong evidence that it can affect mental health issues making existing conditions worse. Recent changes in the law around new psychoactive substances (so called 'legal highs') provide fresh risks and challenges and have caused confusion amongst young people.

## HOW WE CAN HELP

One 2 Many is a safe and carefully structured theatre in education programme that helps young people aged 12 upwards to learn about alcohol and substance misuse and understand the impact it can have on their bodies, behaviour and future choices. Loudmouth use humour and drama to educate young people on key facts and legal information on alcohol and drugs including work on cannabis and so called 'legal highs'. The programme is accompanied by a term's worth of online lesson plans.

## WHAT WE DO

One 2 Many includes drama performances and interactive workshops in different formats to suit your budget and timetable. We can work with a whole year group in one day for theme or drop down days or can do more targeted work with class sized groups. We are very low tech; we come to your venue and can run sessions in spaces such as classrooms, school halls or youth centres.

### Learners will:

- Have an increased awareness of the effects that alcohol and drugs can have on personal safety, decision making relationships and future career choices.
- Have an increased ability to identify a range of effective strategies for staying safe around alcohol and drugs.
- Have increased knowledge of relevant and appropriate services that can offer to support young people around alcohol and substance misuse. e.g. Frank, ChildLine and Drinkaware.

*Slick, varied, funny,  
moving and exactly  
right for our students.  
The programme delivers  
really important  
messages in a  
memorable way -*  
Tutor

## SIMPLE, CLEAR BOOKING PROCESS

Since 1994, Loudmouth have worked with over half a million children and young people across the UK and Europe and are a regular part of many schools' annual PSHE programmes. This means we understand how to make the booking process as simple as possible with clear advice and a friendly and hassle free service.



**Call today for a quote on 0121 446 4880**

For further information on this programme or any other Loudmouth programmes phone Caroline Bridges on (0121) 446 4880 email [info@loudmouth.co.uk](mailto:info@loudmouth.co.uk) or visit our website at [www.loudmouth.co.uk](http://www.loudmouth.co.uk)