



loudmouth
education & training through theatre

EVALUATION SUMMARY REPORT

Lyndon School Theatre in Education Programme 'Trust Me'



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Introduction

This summary report covers a theatre in education (T.I.E.) programme in Lyndon School Humanities College.

Loudmouth Education & Training is a theatre company that helps schools and other organisations with their Personal, Social, Health and Economic (PSHE) education programmes. Loudmouth's aim is to help children and young people to have healthy, happy and safe relationships. The company uses drama, interaction and discussion to explore issues that affect young people. Loudmouth's education and training programmes and summer projects are proven to help learners to challenge attitudes, gain new skills and increase knowledge.

All of Loudmouth's work has been thoroughly researched and designed to contribute to Every Child Matters, healthy school status and address the key concepts and processes in PSHE. More information on evaluation and learning outcomes can be found on our website www.loudmouth.co.uk.

Trust Me is a lively theatre in education programme that helps young people aged 13 upwards to learn about relationships and sexual health issues. The programme supports learners to understand the impact that unprotected sex can have and share ideas on how to create healthy, happy and safe relationships.

The programme took place on March 13th 2014. At the end of each session, Loudmouth signposted to many different organisations and services including ChildLine.

Students were asked to complete post session evaluations to give their feedback on the programme and on what they felt they had learned and found useful. Their responses were used to measure the overall impact of the theatre sessions. This report uses data from a sample of 127 young people.

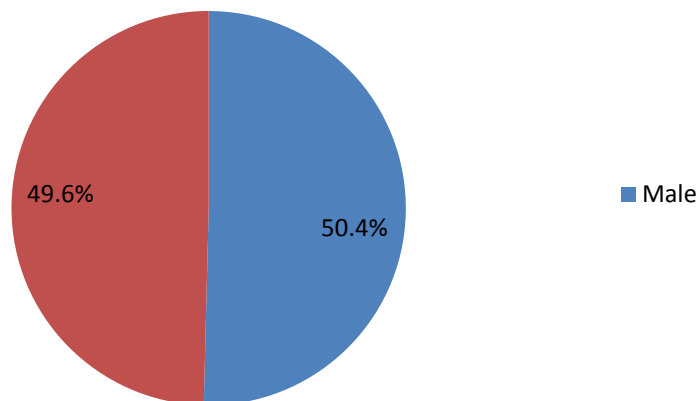
Executive Summary

- 89.8% of your young people said they 'Agree' or 'Strongly Agree' that it is important to wait until you are ready for a sexual relationship.
- 68.5% of the young people responded that they were 'Confident' or 'Very confident' to discuss relationships and contraception at the end of the programme.
- In response to the question; 'How important is it to learn about sex and relationships?' 90.6% of the young people said that it was 'Important' or 'Very Important'.
- 73% of your young people said they prefer to learn about sex and relationships through interactive drama and workshops.
- 92.1% of the students said they found Loudmouth's session of 'Trust Me' helpful.

Evaluation Results

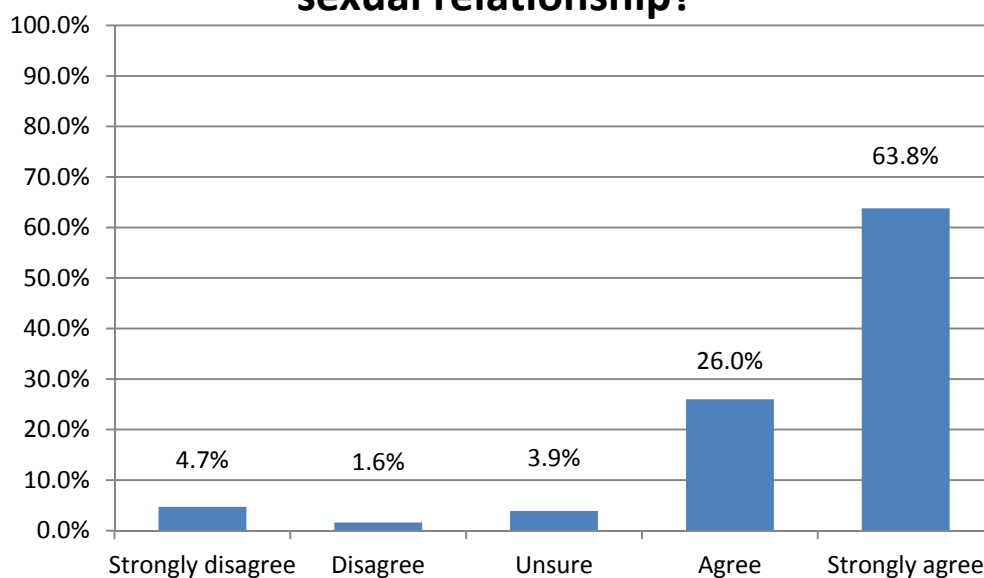
Below is a breakdown of the evaluations and summary of responses.

Gender Breakdown



Question 1

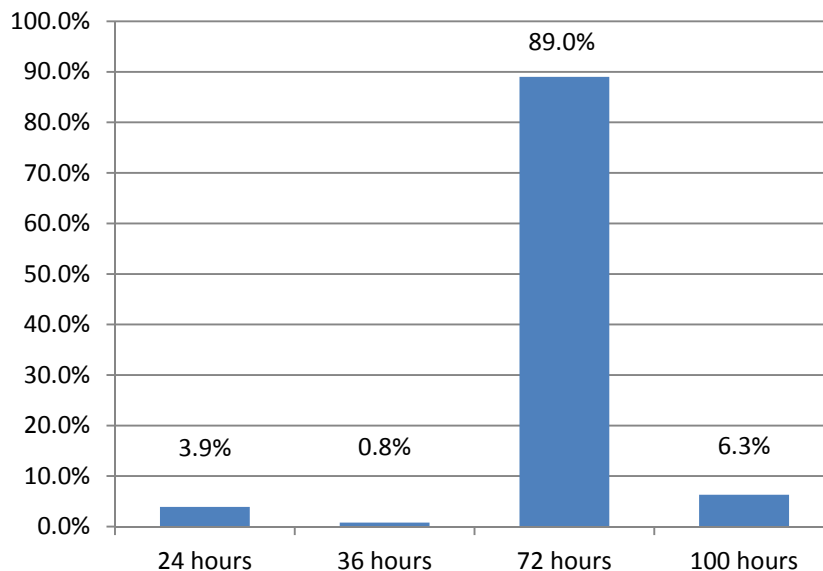
It is important to wait until you are ready for a sexual relationship?



89.8% of your young people said they 'Agree' or 'Strongly Agree' that it is important to wait until you are ready for a sexual relationship.

Question 2

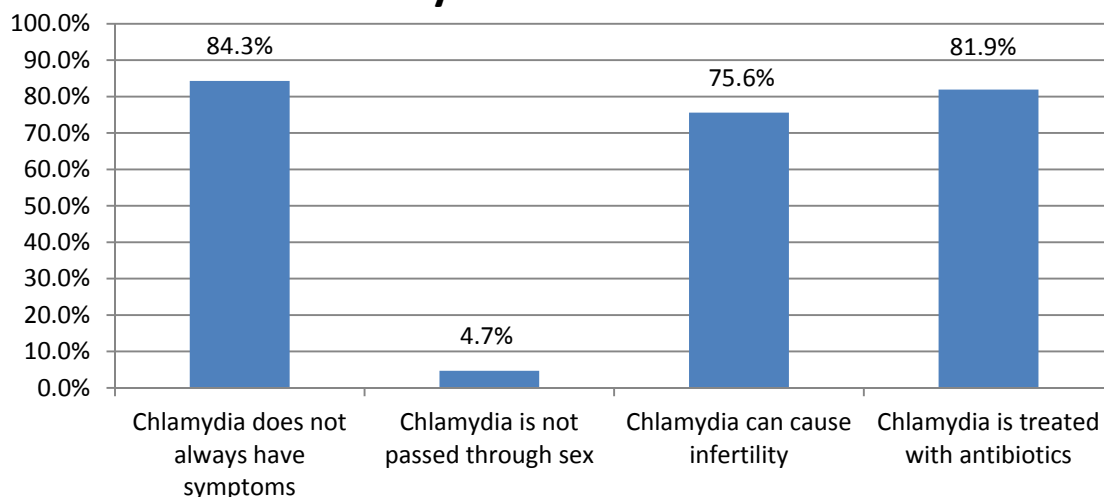
The Emergency Contraception Pill can be used up to how many hours after having unprotected sex or contraceptive failure?



89% of the young people correctly identified that the Emergency Contraception can be taken up to 72 hours after unprotected sex.

Question 3

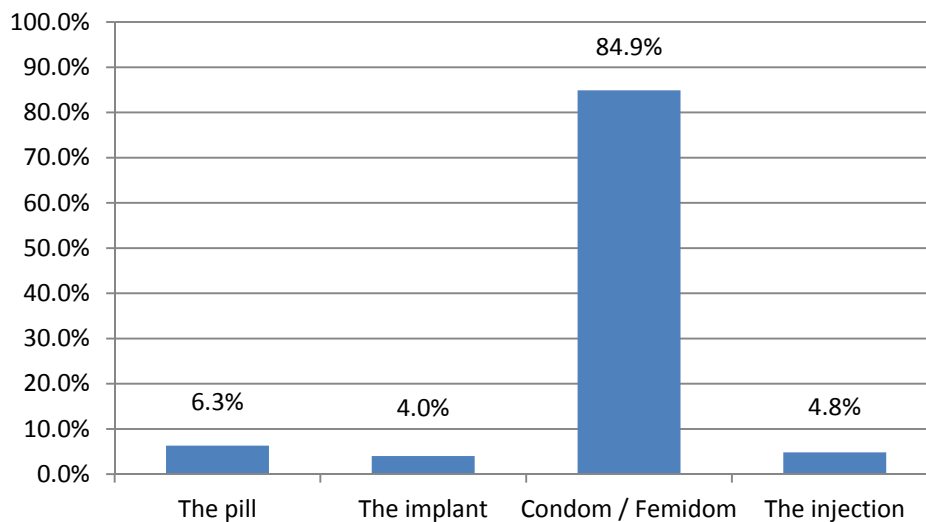
Please tick ALL of the facts below about Chlamydia that are TRUE.



The majority of the young people correctly identified the true facts about Chlamydia.

Question 4

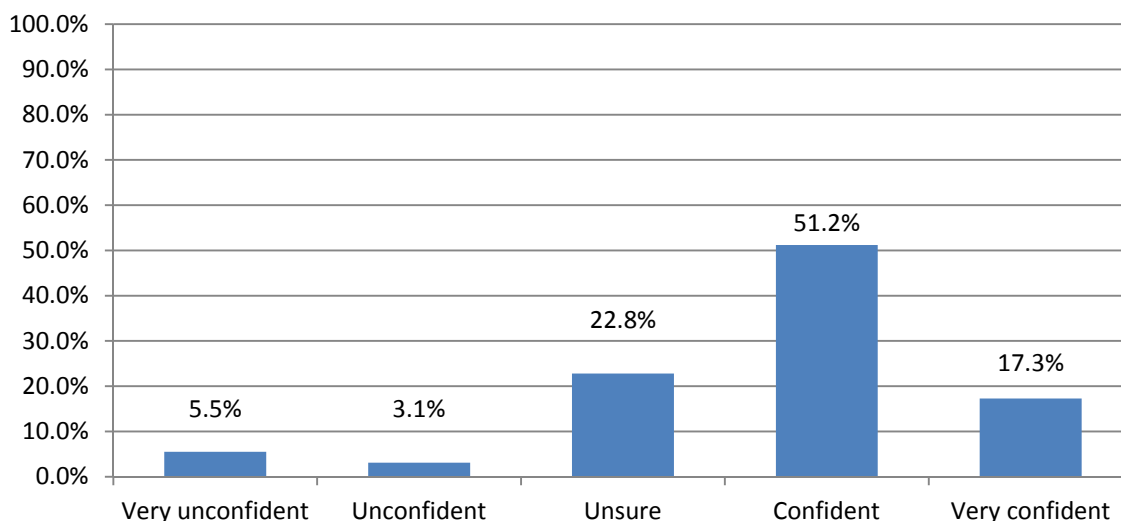
Which type of contraception protects against BOTH STIs and pregnancy?



After taking part in Loudmouth's programme 'Trust Me' 84.9% of your young people correctly selected that the Condom and Femidom are the two types of contraception which protect against both STIs and pregnancy.

Question 5

How confident do you feel about discussing relationships and contraception?



68.5% of the young people responded that they were 'Confident' or 'Very confident' to discuss relationships and contraception at the end of the programme.

Question 6

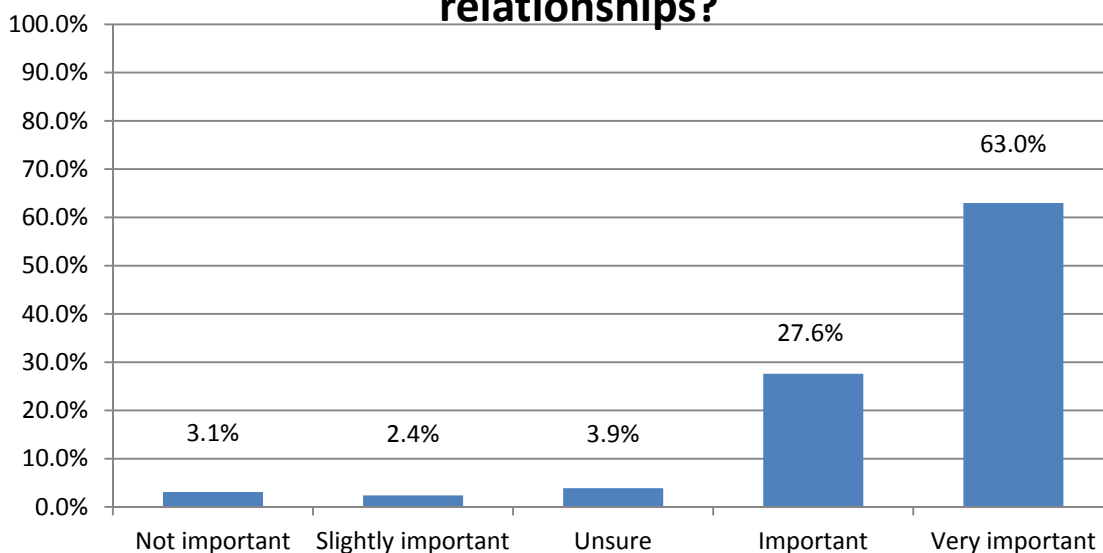
The young people were asked to list 3 organisations that can give advice, information or support about contraception and sexual health, below is a list of the top 10 responses post session:

ChildLine	52
Doctors/GP	51
GUM Clinic	51
Clinics	25
Family Planning Clinic	24
Loudmouth website	24
NHS	16
Pharmacy	14
Brook	11
School	9

52 of the 127 respondents listed ChildLine as one of the services that can provide advice, information or support about contraception and sexual health. Loudmouth sign posted ChildLine to the young people throughout the day.

Question 7

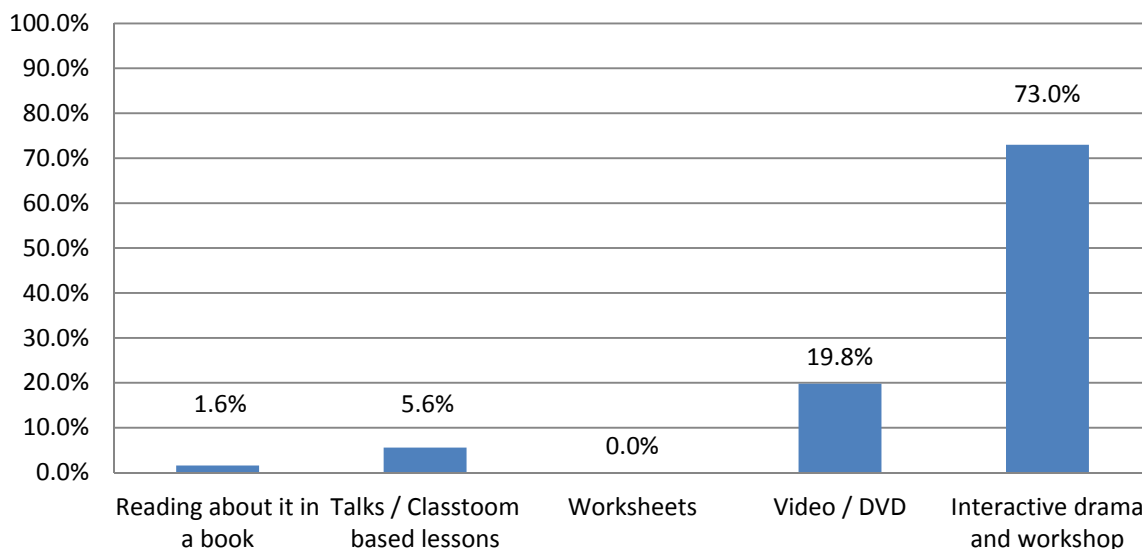
How important is it to learn about sex and relationships?



In response to the question; 'How important is it to learn about sex and relationships?' 90.6% of the young people said that it was 'Important' or 'Very Important'.

Question 8

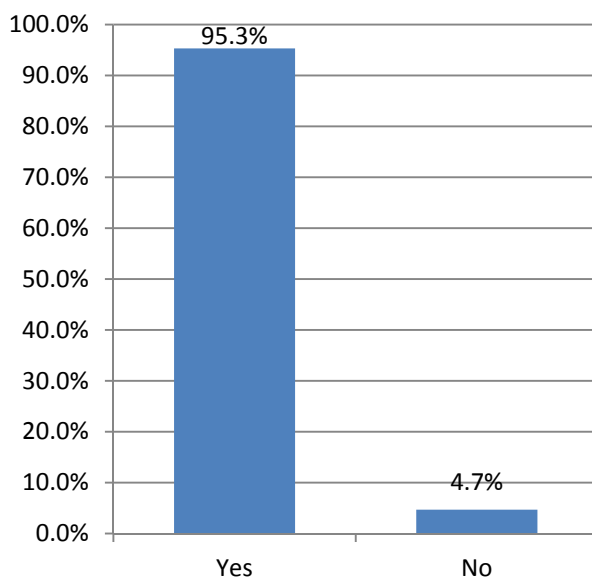
There are loads of good ways to learn about sex and relationships. Which method do you prefer?



73% of your young people said they prefer to learn about sex and relationships through interactive drama and workshops.

Question 9

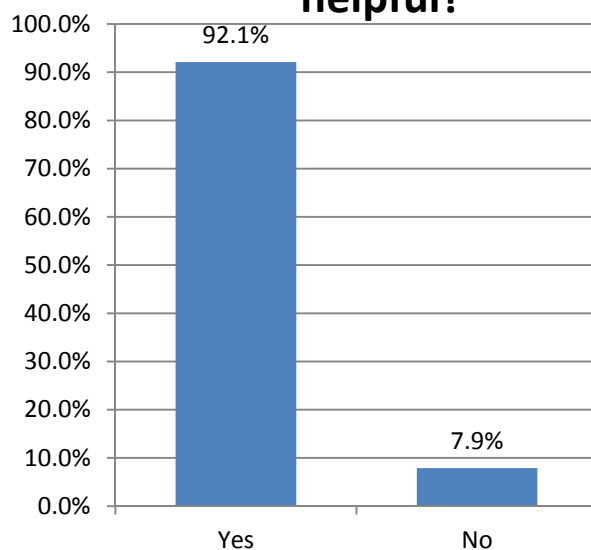
Would you recommend 'Trust Me' for next year's pupils / students?



From the sample of 127 young people 95.3% said they would recommend 'Trust Me' for next year's students.

Question 10

Do you think that the 'Trust Me' session was helpful?



92.1% of the students said they found Loudmouth's session of 'Trust Me' helpful.

Question 11

If yes, then please complete the following statement The 'Trust Me' session has helped me to...

The young people were asked if they felt that the 'Trust Me' session was helpful, what had it helped them to do. A selection of responses are below:

"Understand how important it is to use protection"

"Speak more confidently about sex and relationships"

"Understand how important protected sex is and how the infections are passed on."

"Understand sex, relationships and trust"

"Not go straight in to having sex in the future but to do it when you are ready"

Question 12

The young people were given chance to add any other comments, a selections of these are below.

"It was good, funny and helpful"

"Both actors were fantastic, very enthusiastic and answered my questions"

"It was funny and easy to understand"