

# Bully 4 U

## SECONDARY



### QUICK REFERENCE

#### BULLY 4 U

SECONDARY,  
COLLEGE, AGES 11+,  
KS 3 & 4

#### ISSUES COVERED

BULLYING, CYBER  
BULLYING,  
SEXTING,  
HOMOPHOBIC  
BULLYING, SEXUAL /  
SEXIST BULLYING,  
RESILIENCE

## LEARNING OBJECTIVES FOR 'BULLY\_4\_U' (SECONDARY / COLLEGE VERSION)

### Attitudes and Values

- Young people have an increased understanding of different forms of bullying including cyber bullying, homophobic bullying, sexual / sexist bullying and teenage relationship abuse.
- Young people have an increased understanding of the impacts of bullying including the personal and legal implications of cyber bullying and sexting.
- Young people have increased empathy for people affected by bullying / cyber bullying.

### Skills

- Young people have an increased confidence in seeking help and support about bullying / cyber bullying and sexting.
- Young people have increased ability to identify a range of relevant and services that can support young people affected by bullying and sexting.
- Young people have an increased ability to identify a range of effective strategies in dealing with bullying / cyber bullying.

### Knowledge

- Young people have increased knowledge of the definitions of bullying (Including the use of S.T.O.P. model / Several Times On Purpose.)
- Young people have increased knowledge of what relevant and appropriate services can offer to support young people affected by bullying / cyber bullying, and sexting e.g. Childline.

### KEY FINDINGS FROM EVALUATION

- 93% of your young people said they 'Agree' or 'Strongly Agree' that it is important to tell someone if you are being bullied.
- 90% of the young people thought that the session had made them more aware of the types of bullying.
- 92% of the young people thought that the session had made them more aware of how bullying can affect people.

"It was very interactive and encouraged participation from everyone."

- Teacher

appropriate



Call today for a quote on 0121 446 4880

For further information on this programme or any other Loudmouth programmes phone Caroline Bridges on (0121) 446 4880 email [info@loudmouth.co.uk](mailto:info@loudmouth.co.uk) or visit our website at [www.loudmouth.co.uk](http://www.loudmouth.co.uk)