



Bully 4 U Primary

QUICK
REFERENCE

BULLY_4_U

PRIMARY
AGES 7 - 11,
KS2

ISSUES
COVERED

BULLYING,
EMOTIONAL
WELLBEING,
ONLINE
SAFETY

LEARNING OBJECTIVES FOR BULLY 4 U (PRIMARY VERSION)

Attitudes and Values

- Children have an increased understanding of different forms of bullying including cyber bullying.
- Children have an increased awareness of the effects of bullying / cyber bullying.
- Children have an increased understanding of the importance of emotional wellbeing and good mental health.
- Children have increased empathy for people affected by bullying / cyber bullying and mental health.

Skills

- Children have an increased confidence in seeking help and reporting bullying / cyber bullying and mental health issues.
- Children have increased ability to identify a range of relevant and appropriate services that can support children affected by bullying and/or mental health issues.
- Children have an increased ability to identify a range of effective strategies for looking after their own emotional well-being and mental health
- Children have an increased ability to identify a range of effective strategies in dealing with bullying / cyber bullying

Knowledge

- Children have increased knowledge of the definitions of bullying (using S.T.O.P. model / Several Times On Purpose.)
- Children have increased knowledge of what relevant and appropriate services can offer to support children affected by bullying / cyber bullying and mental health issues e.g. ChildLine.

KEY FINDINGS FROM EVALUATION

- 99% of pupils said that after seeing the Bully 4 U programme that they would tell someone they trusted if they saw someone else being bullied.
- 90% of pupils could name all of the 5 top tips for staying safe online that were taught in the Bully_4_U sessions.
- 66% of staff stated that Bully 4 U had 'greatly' or 'considerably' increased their confidence in delivering work around the issues.

"It was very interactive and encouraged participation from everyone"
- Teacher



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For further information on this programme or any other Loudmouth programmes phone Caroline Bridges on (0121) 446 4880 email info@loudmouth.co.uk or visit our website at www.loudmouth.co.uk