



**loudmouth**  
education & training through theatre

**Evaluation Summary Report  
on  
Dudley Tour of Bully 4 U,  
Loudmouth's Theatre in Education  
programme on Anti-Bullying  
Academic Year 2017-18**

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## Introduction

This evaluation report is feeding back on a theatre in education project that took place during the academic year of 2017-18. The project was to use Theatre in Education (TIE) programmes to support the Personal, Social, Health & Economic Education (PSHE) in targeted schools (primary and secondary), colleges, and alternative provision venues in the Dudley area.

The tour was delivered by Loudmouth Education & Training using their TIE programme Bully 4 U on anti-bullying (primary and secondary school versions). The tour was subsidised by the Office of Public Health, Dudley Metropolitan Borough Council and we would like to thank Jill Edwards and Liz Jones for their support.

Established in 1994, Loudmouth Education & Training is a theatre company that supports schools and other organisations with their PSHE. Loudmouth's aim is to help children and young people to have healthy, happy and safe relationships. The company uses drama, interaction and discussion to explore issues that affect children and young people. Loudmouth's education and training programmes are proven to help learners to challenge attitudes, gain new skills and increase knowledge.

*"Excellent way to talk about difficult issues to young children in a way they understand. Workshops are really valuable, allowing children to express opinions."  
Year 6 Team Leader, Roberts Primary (Bully 4 U Primary)*

*"It includes lots of information, all presented in a fun way. There are also ways to remember what you should do if you see it happening." Year 6 Pupil*

*"Very entertaining/engaging. Strong messages, I liked the collection of stories - not just one! Good value for money, thought provoking."  
PSHE Co-ordinator, Windsor High School (Bully 4 U Secondary)*

*"I will act differently now because I understand the effect it can have on people's lives." Secondary School Pupil*

## Bully 4 U (Primary)

Loudmouth ran 31 sessions of Bully 4 U in Dudley primary schools in the academic year 2017/18, reaching 2,697 pupils.

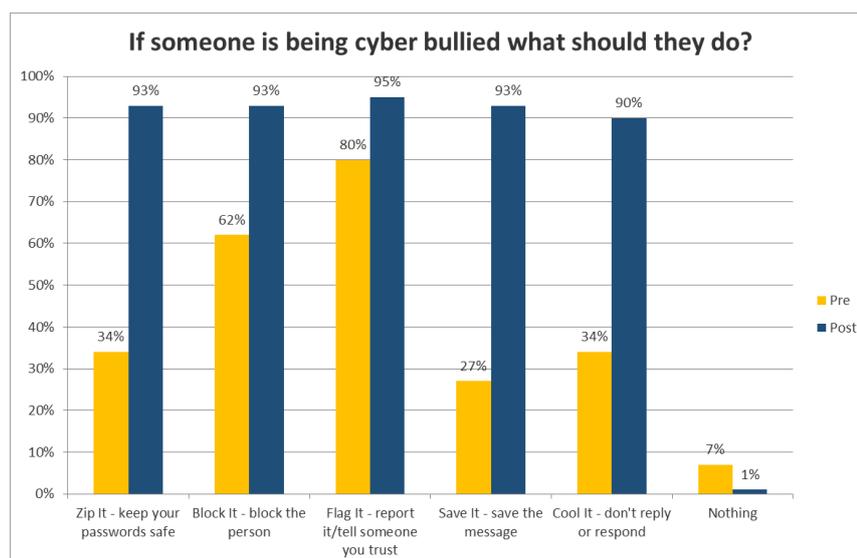
Bully 4 U is theatre in education programme that uses drama as a safe way to help children aged 8 to 11 years old to widen their definition of bullying. The focus is on gaining a broad understanding of many different forms of bullying, identifying when bullying is happening and knowing what can be done to stop or prevent it.



The session develops children's empathy and knowledge of where to go to for help, and includes work on cyber bullying and how to stay safe online. The package includes pre and post session lesson plans.

Pupils were asked to fill evaluation forms before and after participating in a Bully 4 U session. Here are the results:

- Before the Bully 4 U session, 26% of pupils said they knew a lot about bullying / cyber bullying. After the session, this rose to 78%.
- After the sessions there was a marked rise in confidence noted by the children in terms of what someone should do if they are being cyber-bullied. The biggest rise was a 66% increase in those who said that you should 'Save it' – save the message.



- Before the session 20% of pupils identified Childline as the third top organisation that can offer help and support. After the session, 86% of pupils identified Childline as the top organisation. We also signpost to the School Nurses in the

sessions – before the pupils did not mention School Nurse as a source of help and support. After the session this was the 4<sup>th</sup> top answer given, by 35% of children.

**Pre session:**

**Post session:**

Parents/Guardians	73%	Childline	86%
Teachers/School	71%	Teachers/School	55%
Other (largely including CEOP and Anti-Bullying Ambassadors)	29%	Parents/Guardians	53%
Friends	23%	School Nurse	35%
Police	21%	Thinkuknow	25%
Childline	20%	Loudmouth	17%
Family (non parents)	15%	Other (largely CEOP and someone you trust)	13%
Loudmouth	4%	Friends	9%
		Family (non parents)	8%
		Police	5%

- 99% of pupils stated that they thought the session helps people to learn about bullying / cyber bullying. The main ways given were:

*"Now I feel safer on the internet and what to do if I am cyber bullied."*

*"Because they tell you different websites you could go on for help which are safe. It tells you a lot of intelligent ways to stop and prevent bullying."*

*"Because I know that I can tell someone about it and how to recognise bullying."*

- 71% of the pupils responded "Yes" they would act or behave differently as a result of participating in the Bully 4 U programme. The pupils who answered yes were asked to complete the following statement – "As a result of seeing Bully 4 U, I..." Here are some of their responses:

*"I will make sure that I don't bully anyone because I know it will hurt physically/mentally or both ways and I wouldn't like it if it happened to me."*

*"I think if I see bullying I would go and get a teacher/adult that's trusted. I also learnt not to put the person and yourself in danger."*

*"I will help people who have been bullied and not be a bystander."*

- 97% of pupils recorded that they would recommend the Bully 4 U session for next year's pupils.

## Bully 4 U (Secondary)

Loudmouth ran 12 sessions of Bully 4 U in Dudley secondary schools, colleges and non-mainstream educational venues in the academic year 2017/18, reaching 1,237 young people.

Bully 4 U is a safe and carefully structured theatre in education programme that helps young people aged 11 upwards to learn about and protect themselves against bullying.

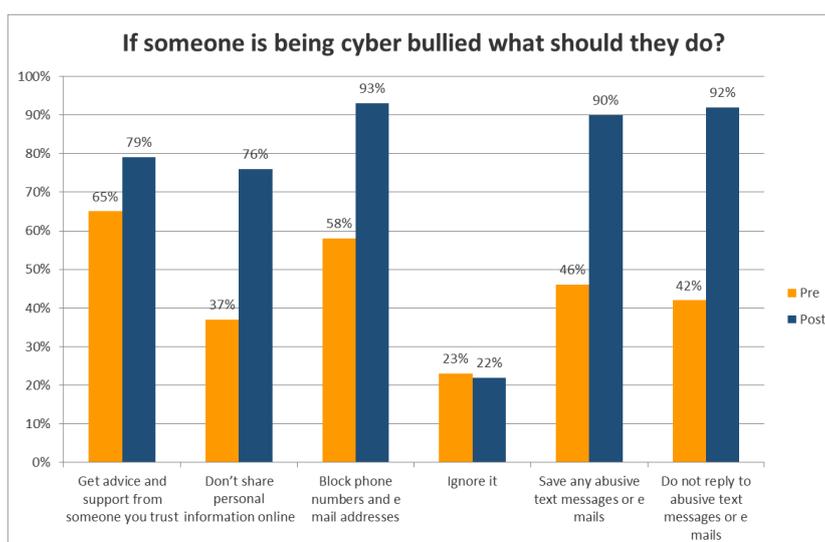


The session covers many forms of bullying including cyber, sexist/sexual and homophobic bullying and explores strategies to combat and prevent them.

Bully 4 U also supports PSHE work on respect in relationships and includes work around male victims of teenage partner abuse. The programme is accompanied by pre and post session lesson plans.

Young people were asked to fill evaluation forms before and after participating in a Bully 4 U session. Here are the results:

- Before the Bully 4 U session, 69% of pupils said their knowledge of bullying / cyber bullying was good or excellent. After the session, this rose to 92%.
- After the sessions there was a rise in confidence noted by the young people in terms of what someone should do if they are being cyber-bullied. The biggest rise was a 50% increase in those who said that you not reply to any abusive text messages or emails. Full details of the answers given are illustrated in the table below:



- During the sessions, we signpost the young people to Childline, Kooth and I-Zone. Before the session 77% of young people identified Childline as the top organisation that can offer help and support. This rose to 92% after the session. The number of young people identifying Kooth went from 9% before the session to 28% after the session. iZone was not mentioned by the young people before the session. After the session 17% identified iZone. Other organisations or sources of help and support that we mention are School Nurse, Stonewall and Think U know. These also featured among the top answers given after the session. The top answers given by the young people are as follows:

Pre session:		Post session:	
Childline	77%	Childline	92%
Other	46%	Think U Know	44%
Loudmouth	40%	Stonewall	30%
Parents/Guardians	26%	Kooth	28%
Friends	9%	School Nurse	20%
Kooth	9%	Loudmouth	20%
Police	9%	iZone	17%
Teachers/School	6%	Parents/Guardians	16%
School Nurse	3%	Teachers/School	15%

- 100% of young people said they thought the session helps people to learn about bullying / cyber bullying. Here are some of the ways they listed:

*"As they are teaching young people about a real matter and helping them by telling you what to do if you are being bullied."*

*"Gives people ideas about how to help and what to do if you were getting bullied."*

*"Because people can see and feel how bullying effects people and they can stop bullying."*

*"Because it gives a lot of demonstrations of bullying which will make children not want to bully and also their workshop talks to you about bullying and how to prevent it."*

- 62% of the young people responded "Yes" they would act or behave differently as a result of participating in the Bully 4 U programme. The young people who answered yes were asked to complete the following statement – "As a result of seeing Bully 4 U, I..." Here are some of their responses:

*"If I see bullying I will report it to a member of staff."*

*"I would tell them to get screen shots if its cyber bullying and then block but if it's other bullying then I would tell them to get advice and tell someone."*

*"I will act different now because I understand the effect it can have on people's lives."*

- 100% of young people recorded that they would recommend the Bully 4 U session for next year's students.

The Bully 4 U Primary programme has been redeveloped for 2018/19 to include work around emotional health and wellbeing and will be delivered as part of next year's tour.

**For more information about this tour or any of Loudmouth's work**  
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