



**loudmouth**  
education & training through theatre

**Theatre in Education Tour  
to support  
Personal, Social & Health Education  
In  
Dudley Educational Venues  
Academic Year 2018-19**

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## Introduction

This evaluation report is feeding back on a theatre in education project that took place during the academic year of 2018-19. The project was to use Theatre in Education (TIE) programmes to support the Personal, Social, Health & Economic Education (PSHE) including Relationship & Sex Education (RSE), safeguarding and alcohol and drug awareness in targeted schools (primary and secondary), colleges, and alternative provision venues in the Dudley area.

The tour was delivered by Loudmouth Education & Training using eight of their TIE programmes designed to educate on safeguarding and positive relationships; One 2 Many on alcohol and drug awareness, Helping Hands on staying safe in relationships, Safe & Sound on abuse in teenage relationships, Working For Marcus on Child Exploitation (CE), Trust Me on sexual health, My Mate Fancies You on puberty, and Bully 4 U on anti-bullying (primary and secondary school versions). The primary school version of Bully 4 U was specially updated this year to include work around the 5 Ways to Wellbeing, using new 'Bully Buster' superheroes to explain them to the pupils.

The tour was funded by the Office of Public Health, Dudley Borough Council and we would like to thank Jill Edwards and Liz Jones for their support.

Established in 1994, Loudmouth Education & Training is a theatre company that supports schools and other educational organisations with their PSHE. Loudmouth's aim is to help children and young people to have healthy, happy and safe relationships. The company uses drama, interaction and discussion to explore issues that affect children and young people. Loudmouth's education and training programmes are proven to help learners to challenge attitudes, gain new skills and increase knowledge.

*"The sessions are fun, engaging and tackle serious problems in today's society - relevant to the children in our school. I would recommend these sessions to all schools!"*

*Teacher, Halesowen CE Primary School*

*"The dramas gave us situations where we could think and ask questions. Also, if you are going through a hard time, this could help you."*

*Primary School Pupil*

*"They give excellent examples and information about the subjects."*

*Secondary School Pupil*

## Summary of Activity

- During the academic year of 2018-19 Loudmouth Education & Training ran eight of their interactive TIE programmes on RSE, safeguarding and alcohol and drug awareness in mainstream and non-mainstream primary, secondary and college venues in the Dudley area.
- Loudmouth ran a total of 103 sessions, for 8,539 children and young people aged 7 to 19 years old:

Programme	Topic	Number of Sessions	Number of participants
One 2 Many	Drug and alcohol awareness	6	694
Bully 4 U (Primary)	Anti-bullying	26	1,738
Bully 4 U (Secondary)	Anti-bullying	10	985
Helping Hands	Staying Safe	20	1,256
Safe & Sound	Abuse in teenage relationships	7	1,235
Working For Marcus	Child Exploitation (CE)	10	873
My Mate Fancies You	Puberty and transitions	17	1,037
Trust Me	Sexual Health	7	721

- We visited 56 different mainstream and non-mainstream educational venues, four of which we had not visited before (St Chad's Catholic Primary, The Wenlock School, The Brier School and Kate's Hill Community Primary School).
- We ran the sessions using a range of formats depending on what the schools and colleges required. We ran 55 Year In A Day (YIAD) sessions where we perform to the whole or half a year group followed by class sized workshops over a half or full day. We ran 33 Class at a Time (CAAT) sessions where the performance and workshop is run with up to 40 students maximum. We ran 15 Large Group Performance and Workshops (LGPW); this is where a school or college can only give us a limited time and so we run the performance and part of the workshop with a whole year group all together.

The summary of sessions is as follows:

Programme	Date	Venue	Number of sessions	Year Group	Number of participants
<b>Bully 4 U Primary (Anti-Bullying &amp; Emotional Wellbeing)</b>					
	08-Oct-18	Wallbrook Primary School	1	6	40
	16-Oct-18	Roberts Primary School	1	6	90
	23-Oct-18	The Bromley Pensnett Primary School	1	5 & 6	70
	05-Nov-18	Milking Bank Primary School	1	5	60
	07-Nov-18	Caslton Primary School	1	5 & 6	60
	07-Nov-18	Cotwall End Primary	1	3 to 6	240
	08-Nov-18	St Mary's Catholic Primary School	1	5 & 6	60

	12-Nov-18	Blanford Mere Primary School	1	3 & 4	60
	14-Nov-18	Jessons CE Primary School	1	6	78
	14-Nov-18	Rosewood Special School	1	5 - 7	9
	23-Nov-18	Withymoor Primary School	1	5 & 6	120
	23-Nov-18	Withymoor Primary School	1	3 & 4	120
	28-Nov-18	Beechwood CE Primary	1	5 & 6	60
	24-Jan-19	Straits Primary School	1	5	59
	24-Jan-19	The Brier School	1	7 & 8	20
	05-Feb-19	Pedmore CE Primary School	1	3 & 4	66
	06-Feb-19	Halesowen CE Primary School	1	3 & 4	50
	12-Feb-19	Brockmoor Primary School	1	3	60
	21-Feb-19	Dudley Children's Services	1	Age 8 - 11 & Carers	12
	11-Mar-19	The Wenlock School	1	3 to 6	11
	14-Mar-19	St Mark's CE Primary School	1	3 & 4	90
	26-Mar-19	Newfield Park Primary School	1	3 & 4	120
	02-Apr-19	Red Hall Primary School	1	6	40
	09-Apr-19	The Ridge Primary School	1	5	30
	08-May-19	Jessons CE Primary School	1	5	70
	04-Jul-19	Netherton CE Primary School	1	5	43
<b>Bully 4 U Secondary (Anti-Bullying)</b>					
	24-Oct-18	Cherry Tree Learning Centre	1	8 to 11	13
	12-Nov-18	Glasshouse College	1	16+	14
	14-Nov-18	The Links Academy	1	7	165
	15-Nov-18	Glasshouse College	1	16+	15
	15-Nov-18	Rosewood School	1	8 & 9	21
	15-Nov-18	Windsor High School & Sixth Form	1	7	300
	11-Feb-19	Black Country Wheels	1	Post 16	20
	13-Mar-19	Dudley College	1	Post 16	100
	08-Apr-19	Thorns Collegiate Academy	1	10	184
	12-Apr-19	Ridgewood High School	1	7	153
<b>Helping Hands (Staying Safe)</b>					
	20-Sep-18	Brockmoor Primary School	1	5	48
	20-Nov-18	Tenterfields Primary School	1	5 & 6	60
	10-Dec-18	Kates Hill Community Primary School	1	5 & 6	115
	05-Feb-19	Halesowen CE Primary School	1	5 & 6	60
	06-Mar-19	St Chad's Catholic Primary School	1	5 & 6	60

	11-Mar-19	Milking Bank Primary School	1	5	60
	12-Mar-19	Beechwood CE Primary	1	5 & 6	60
	14-Mar-19	Foxyards Primary School	1	5	45
	19-Mar-19	Rufford Primary School	1	6	30
	01-Apr-19	Caslon Primary School	1	5+6	60
	08-May-19	The Wenlock School	1	4-6	10
	09-May-19	Pedmore CE Primary School	1	5	33
	20-May-19	Blanford Mere Primary School	1	5	26
	20-May-19	Priory CE Primary School	1	5 & 6	170
	21-May-19	Wrens Nest Primary School	1	6	56
	22-May-19	St Margarets at Hasbury Primary School	1	5 & 6	60
	06-Jun-19	Bramford Primary School	1	5 & 6	120
	07-Jun-19	The Ridge Primary School	1	5 & 6	60
	28-Jun-19	Northfield Road Primary School	1	6	59
	02-Jul-19	Lapal Primary School	1	5 & 6	64
<b>My Mate Fancies You (Puberty)</b>					
	16-Oct-18	Brockmoor Primary School	1	5 & 6	120
	15-Jan-19	Blanford Mere Primary School	1	6	34
	22-Jan-19	Roberts Primary School	1	5	90
	30-Jan-19	The Brier School	1	8 & 9	20
	26-Feb-19	Redhill School	1	7	250
	17-May-19	St Marks CE Primary School	1	6	37
	24-May-19	Northfield Road Primary School	1	6	60
	24-May-19	The Wenlock School	1	5 & 6	8
	10-Jun-19	Olive Hill Primary School	1	6	62
	12-Jun-19	Belle Vue Primary School	1	6	60
	14-Jun-19	Milking Bank Primary School	1	6	30
	14-Jun-19	Milking Bank Primary School	1	6	30
	18-Jun-19	Pedmore CE Primary School	1	6	33
	18-Jun-19	The Ridge Primary School	1	6	30
	20-Jun-19	Ham Dingle Primary School	1	6	58
	24-Jun-19	The Bromley Pensnett Primary School	1	6	70
	11-Jul-19	Foxyards Primary School	1	6	45
<b>One 2 Many</b>					
<b>(Alcohol &amp; Drug Awareness)</b>	09-Oct-18	Pegasus Academy	1	10	120

	10-Oct-18	St James Academy	1	10	150
	11-Oct-18	Beacon Hill Academy	1	10	210
	12-Oct-18	The Links Academy	1	10	195
	02-Apr-19	The Wenlock School	1	9 to 11	6
	03-Jul-19	Cherry Tree Learning Centre	1	11	13
<b>Safe and Sound (Peer on peer abuse)</b>					
	24-Oct-18	Dudley College	1	Post 16	300
	29-Jan-19	Windsor High School and Sixth Form	1	8	300
	07-Feb-19	Stourbridge College	1	Post 16	100
	07-Feb-19	Stourbridge College	1	Post 16	100
	08-May-19	Cherry Tree Learning Centre	1	8 to11	15
	03-Jul-19	The Links Academy	1	9	200
	10-Jul-19	Ellowes Hall Sports College	1	8	220
<b>Trust Me (Sexual Health)</b>					
	12-Dec-18	The Links Academy	1	9	190
	29-Jan-19	Windsor High School & Sixth Form	1	9	300
	12-Feb-19	Halesowen College	1	Post 16	20
	12-Feb-19	Halesowen College	1	Post 16	20
	01-Mar-19	Crestwood School	1	9	164
	10-Apr-19	Cherry Tree Learning Centre	1	8 to 11	20
	26-Jun-19	The Wenlock School	1	9 to11	7
<b>Working for Marcus (Child Exploitation)</b>					
	17-Sep-18	Thorns Collegiate Academy	1	9	175
	20-Sep-18	Nova Training	1	Age 15-23	15
	07-Nov-18	The Links Academy	1	9	200
	15-Nov-18	Windsor High School & Sixth Form	1	9	300
	16-Nov-18	Rosewood Special School	1	10 & 11	14
	31-Jan-19	Pedmore Technology College & Community School	1	10	120
	26-Feb-19	Black Country Wheels	1	Post 16	15
	27-Feb-19	The Wenlock School	1	10 & 11	6
	28-Feb-19	Glasshouse College	1	Post 16	14
	28-Feb-19	Glasshouse College	1	Post 16	14
			<b>103</b>		<b>8539</b>

# Evaluation

All programmes enabled participants to gain knowledge, learn new skills and challenge attitudes. Students at each venue were asked to complete pre and post-session evaluation forms and venue staff were asked to complete post-session evaluation forms. Here is a summary of the key findings:

## Knowledge:

- 100% of participating staff agreed that the programmes had increased their groups' knowledge of the issues covered with 98% stating they felt the programme had "Considerably" or "Greatly" increased their group's knowledge.
- As a result of One 2 Many, 96% of students were able to identify what one unit of alcohol is roughly equal to. This was an increase from 24% before the sessions.
- After participating in the secondary school age Bully 4 U programme, 89% of students stated that their knowledge of bullying /cyber bullying was 'Good' or 'Excellent'. This is a rise from 65% before the sessions.
- Before the Helping Hands session none of the students could correctly name all 5 parts of the NSPCC PANTS rule. This rose to 85% after the session. 94% of pupils could name 4 or more parts of the PANTS rule.
- Before the Helping Hands session, only 51% of the children named Childline as a place to go to for help and support, this rose to 83% after the session.
- After participating in the Safe and Sound programme, 88% of students stated that their knowledge of teenage partner abuse was 'Good' or 'Excellent'. This is a rise from 43% before the sessions.
- Before the Trust Me session, Dear Dudley and i-Zone were not identified by the young people as sources of help and support. After the session they were amongst the top answers given by the young people.
- Before the Trust Me session 80% of the students could correctly identify that condoms and femidoms are the only contraception that protects against both STIs and pregnancy. After taking part in the session, this rose to 100%.
- As a result of Trust Me 67% were able to correctly identify all of the correct facts around chlamydia. Before the session only 6% were able to do this.
- Before the Working For Marcus session, 41% of the young people rated their knowledge of sexual exploitation/grooming as "Good" or "Excellent". After the session this rose to 95%.
- After participating in the primary age Bully 4 U programme, 97% of students could name at least 3 of the top tips given for what to do if they were being cyberbullied. This is a rise from 68% before the sessions.
- After participating in the Bully 4 U primary programme, 73% of students could name at least 3 of the 5 ways to wellbeing. This is a rise from 4% before the sessions.

## **Skills:**

- 100% of the young people stated that they thought the One 2 Many session helped young people to stay safe around alcohol and drugs.
- Before participating in a Working For Marcus session, 68% of pupils reported that they felt "Confident" or "Very confident" about spotting the signs of abuse in a relationship. This rose to 100% after the session.
- As a result of Safe and Sound, 98% of students stated that they felt 'Confident' or 'Very Confident' about spotting signs of power and control in relationships. This was an increase from 86% before the sessions.
- After participating in the One 2 Many programme, 99% of students were able to identify so called "legal highs" as illegal. This is a rise from 30% before the sessions.

## **Attitudes:**

- 64% of the young people stated they felt that after seeing One 2 Many they would act or behave differently in the future, such as thinking more about the amount of alcohol they consume, understanding more about the effects of alcohol and drugs, and warning others of the risks.
- 58% of primary school pupils said they would act or behave differently as a result of participating in the Bully 4 U programme, such as telling someone if they see or experience bullying, helping others and not being a bystander.
- 67% of young people responded "Yes" they would act or behave differently as a result of participating in the Bully 4 U secondary programme, such as reporting bullying if they see it, understanding the impact of bullying on people and advising people what action to take if they are cyber-bullied.
- 63% of the children surveyed after the Helping Hands sessions said that as a result of the programme they would act or behave differently. The main ways included remembering the PANTS rule, being more careful about who they befriend online and helping others.
- 63% of young people said that as a result of the Safe & Sound session they would act or behave differently. The main ways given were that they would be more careful in their relationships in the future and be able to spot the signs of abuse in teenage relationships.
- 93% of young people stated that after seeing Trust Me they would think or act differently, such as being more aware of the consequences of unprotected sex and to use contraception.
- Before taking part in the Trust Me session 88% of pupils said that they "Agreed" or "Strongly agreed" that it is important to wait until you are ready for a sexual relationship. After taking part in the session, this rose to 96%.
- After taking part in the Working For Marcus session, 57% of young people said they thought they would act or behave differently in the future. The main comments were



around being more able to spot the signs of grooming and being more careful on social media particularly around not accepting all friend requests and being more wary of who they talk to on-line.

- 100% of staff said they would recommend the Loudmouth programmes they saw to other schools and organisations.

*"Students have increased their knowledge greatly. Observing students' reactions and engagements, answering and responses to where to get support further has been extremely helpful."*

*Teacher, Beacon Hill School*

*"Great use of drama to handle delicate, sensitive issues. Very powerful! The children were captivated and engaged throughout. They were also very mature."*

*Teacher, Tenterfields Primary School*

- 97% of staff agreed that the programme had helped their students learn new skills.
- 99% of staff who answered felt that the session had "Considerably" or "Greatly" increased the groups' knowledge of where to go for support around the issues the programme covered. 38% of staff who answered felt the programme had "Greatly" increased this knowledge.
- 94% of staff felt that the programme had increased their own confidence in delivering work on the issues. 70% of staff recorded that it had "Greatly" or "Considerably" increased their confidence in this area.
- 100% of staff who answered felt that lesson plans on these issues are useful. Participating staff are provided, by Loudmouth, with a password to the website giving access to all the Loudmouth lesson plans.



## Conclusions and Recommendations

The tour has proved to be very successful and clearly had a positive impact on the children, young people and venue staff. The quality of the TIE programmes was commented upon with the vast majority of children and young people recommending the work for future year groups and 100% of teaching staff saying they would recommend the work to other organisations.

All of the learning objectives were met by the vast majority of the participants, who learnt key information, skills and positive attitudes on safeguarding, relationships and alcohol & drugs to support them to have healthy and safe lives. The evaluation report shows that the TIE programmes run by Loudmouth greatly increased the knowledge and confidence of the participants on the issues involved and hugely increased school staff's confidence in delivering further work on the issues.

The report also demonstrates that this approach of using TIE is a powerful way to communicate key messages about who to go to for support. The key organisations that we flag up during the sessions came out top in the evaluation.

We offered a range of formats again this year. This worked well with the venues being able to use the format that worked best for them.

We were pleased with getting the programme into four new schools that we hadn't worked in the year before; St Chad's Catholic Primary, The Wenlock School, The Brier School and Kate's Hill Community Primary School. The fact that so many Dudley schools rebook Loudmouth programmes every year shows the value they place on the work.

The updates we made to the primary school version of Bully 4 U, in which we introduced the "Bully Buster" superhero characters to explain the 5 Ways to Wellbeing were particularly well received.

In conclusion the learning from the programmes both for the participants and staff was very beneficial. We will continue to work with Dudley Public Health to drive home the importance of the subjects and the huge impact that quality work in this area can have on children and young people, particularly now the RSE has been made compulsory for September 2020 onwards.

We are very proud that this tour reached over 8,500 children and young people. Their positive feedback and comments on the impact of our programmes is very heartening.

We are pleased that funding for 2019/20 has been confirmed. In 2018/19 we asked the venues to pay a contribution towards all sessions they booked, this was between 25% - 90%. We usually raise them each year however in discussion with Dudley Public Health we have decided to keep the same for 2019/20 due to funding cuts to schools. Six schools funded the My Mate Fancies You programme on puberty totally themselves. We will offer all the same programmes for next year. In addition a brand new mental wellbeing programme, Talking Heads, has been created for 2019/20 and will be delivered for Key Stage 3 aged young people as part of next year's tour.

We look forward to touring Dudley educational venues again in 2019/20 (a large number of schools have already booked dates) and we are grateful to Dudley Public Health for their continued support.