

How to Work Effectively with Children and Young People on Relationships / RSE and Health Education



In September 2020 all schools will have to deliver statutory Relationships / RSE and Health education. A poll of more than 2,000 teachers by the NSPCC children's charity and National Education Union found that 28% of teachers believe their school is not ready to teach new relationships and sex education lessons and 47% lack confidence in their own ability to deliver the new curriculum.

This training programme supports schools and staff with some practical, flexible and fun approaches to increase their confidence in teaching about different Relationships / RSE and Health education topics.

This is a fun course with achievable and simple ideas that teachers can use straight away. These ideas and techniques are versatile tools for anyone delivering RSE / PSHE. No drama skills are needed and absolutely no role play involved (we promise!)

This training programme incorporates a wide selection of techniques that we have found useful over the last 25 years. These are very straightforward to run and use fictional characters and scenarios to open up discussion and provide opportunities for problem solving and empathy for students. The use of a third person perspective allows for a safe, relatable and interactive approach.

"The best course I have ever been on, truly inspirational." – **PSHE Co-ordinator**

0121 446 4880 or e mail info@loudmouth.co.uk

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- **89% of participants rating the training as excellent overall. All of the participants rated the session as above average or excellent.**
- **100% said that the training had increased their confidence on delivering PSHE.**
- **95% said that the training had increased their awareness of teaching about attitudes and values**
- **100% would recommend to other colleagues.**

This training programme is available for both primary and secondary schools and is a great way to bring a school's PSHE team together, learn new skills and brush up on old ones. This flexible training programme has commonly been used as part of the PSHE certificate and can easily be integrated into your existing curriculum.

The training is available as a half (3 ½ hour) or full day (6 hour) training session. We are very low tech, and so come to your venue and can run sessions in spaces such as school halls, large classrooms, community centres, function rooms or meeting rooms. To ensure the quality of interaction this training works with a maximum of 20 participants in each training.

"This course had the most impact on my teaching over the last 30 plus years." -
Inclusion Consultant



To find out how your organisation could benefit from this training programme contact Loudmouth Education and Training on 0121 446 4880 or e mail info@loudmouth.co.uk