



# SAFE & SOUND

QUICK  
REFERENCE

SAFE AND SOUND

SECONDARY,  
COLLEGE  
AGES 12+,  
KS3 & 4

ISSUES COVERED

TEENAGE PARTNER/  
DOMESTIC ABUSE,  
CONSENT, POWER  
AND CONTROL IN  
RELATIONSHIPS,  
RESILIENCE

## LEARNING OBJECTIVES FOR SAFE & SOUND

### Attitudes

- **Young people have increased empathy for people affected by abusive relationships including domestic abuse and teenage partner abuse.**
- Young people have an increased awareness of: what makes a good and bad relationship, the need for consent in a relationship, their right to respect and their responsibility to give respect in a relationship.
- The importance of getting out of an abusive relationship.

### Skills

- **Young people have an increased ability to assess risk and identify abuses of power and control in relationships.**
- Young people have an increased ability to identify a range of support networks or services that can provide support for those in abusive relationships or experiencing domestic abuse at home.
- Young people have an increased confidence in seeking support if they are in an abusive relationship or experiencing domestic abuse at home.

### Knowledge

- **Young people have increased knowledge of what local services can do to support young people affected by abusive relationships or Domestic Abuse e.g. Women's Aid and Respect.**
- Young people have increased knowledge of the definitions of abusive relationships including teenage partner abuse and domestic abuse.
- Young people have increased knowledge of the different forms of abuse in relationships.

*"This has been the most accurate and informative presentation I have seen."*

**Community Support Officer, West Mercia Police**

### KEY FINDINGS FROM EVALUATION

- There was a 93% increase in young people who identified 'emotional abuse' as a form of abuse in a relationship after seeing Safe & Sound.
- 86% stated that as a result of the session they felt 'confident' or 'very confident' about telling someone if they were experiencing difficulties or control in a relationship.
- 95% would recommend the session for the next year's pupils.



**Call today for a quote on 0121 446 4880**

For further information on this programme or any other Loudmouth programmes phone Caroline Bridges on (0121) 446 4880, email [info@loudmouth.co.uk](mailto:info@loudmouth.co.uk) or look at our Loudmouth website at [www.loudmouth.co.uk](http://www.loudmouth.co.uk)