

# "My Mate Fancies You"

## QUICK REFERENCE

### MY MATE FANCIES YOU

PRIMARY, SECONDARY, AGES 9-12, KS2, KS3

### ISSUES COVERED

PUBERTY, GROWING UP, TRANSITIONS

## LEARNING OBJECTIVES FOR MY MATE FANCIES YOU

### Attitudes and Values

- Children have an increased awareness of what makes a good and bad relationship.
- Children have an increased awareness that there will be changes as they go through puberty and that this is okay and normal.
- Children have an increased awareness of their own and other people's feelings and emotions.
- Children have increased empathy about the physical and emotional changes for both genders.

"Lively and engaging with clear reassuring messages. - Open, honest, accurate delivery - thank you."  
Head teacher

### Skills

- Children have an increased ability to communicate effectively with their parents around independence.
- Children have an increased confidence in seeking help and support about puberty and growing up.
- Children have an increased ability to cope with the physical changes.

### Knowledge

- Children have increased knowledge of the physical and emotional changes that take place during puberty.
- Children have increased knowledge of relevant and appropriate services that can offer help or support to children, e.g. ChildLine.

## KEY FINDINGS FROM EVALUATION

- 97% of pupils said that the session was helpful.
- 95% of pupils showed an increase in knowledge of the physical changes of puberty.
- 94% of teachers rated the programme as excellent.
- 87% of teachers said the sessions had helped them to increase their own confidence in delivering work around the issue.



**Call today for a quote on 0121 446 4880**

For further information on this programme or any other Loudmouth programmes phone Caroline Bridges on (0121) 446 4880, email [info@loudmouth.co.uk](mailto:info@loudmouth.co.uk) or look at our Loudmouth website at [www.loudmouth.co.uk](http://www.loudmouth.co.uk)