"If pupils are kept ignorant of their human, physical and sexual rights they are not being adequately safeguarded. When inspecting schools inspectors are guided to check that the sex education in national curriculum science at Key Stages 1-3 is being adequately taught; and that primary schools have regard to the Department for Education statutory guidance on teaching pupils about puberty before they experience the onset of physical changes." - Janet Palmer, OFSTED PSHE lead

#### **HOW WE CAN HELP**

'My Mate Fancies You' is a fun theatre in education programme that helps young people aged 9-12 years old to learn about the changes ahead. This well researched and interactive programme explores the often daunting physical and emotional changes associated with puberty and prepares them for the smooth transition from primary to secondary school. The programme supports learners to understand the importance of creating healthy, happy and safe relationships and is accompanied by a term's worth of online lesson plans.

### WHAT WE DO

'My Mate Fancies You' includes a drama and interactive workshop, available in different formats to suit your budget and timetable. We can work with a whole year group in one day for theme or drop down days or can do more targeted work with class sized groups. We are very low tech; we come to your venue and can run sessions in spaces such as classrooms, school halls or youth centres.

### Learners will -

- Increase their awareness of the changes involved in puberty and understand that they are okay and a normal part of adolescence.
- Increase their knowledge of the physical and emotional changes that take place during puberty.
- Increase their knowledge of relevant and appropriate services that can offer help or support to children e.g. ChildLine.

"Loudmouth's My Mate Fancies You session is possibly the most important afternoon these children have. It is a safe insight into puberty and prepares them for secondary school. Parents have thanked us for including My Mate Fancies You in our year 6's school year. I would recommend this programme to all primaries, it arms the children for life." – **Headteacher** 

## SIMPLE, CLEAR BOOKING PROCESS

Since 1994, Loudmouth have worked with over half a million children and young people across the UK and Europe and are a regular part of many schools' annual PSHE programme. This means we understand how to make the booking process as simple as possible with clear advice and a friendly and hassle free service.



# Call today for a quote on 0121 446 4880

For further information on this programme or any other Loudmouth programmes phone Caroline Bridges on (0121) 446 4880, email info@loudmouth.co.uk or look at our Loudmouth website at www.loudmouth.co.uk