



**loudmouth**  
education & training through theatre

**PRACTICAL SKILLS FOR PROFESSIONALS: HOW  
TO WORK EFFECTIVELY WITH CHILDREN AND  
YOUNG PEOPLE ON PERSONAL, SOCIAL, HEALTH  
AND ECONOMIC (PSHE) EDUCATION**

TRAINING FOR WARWICKSHIRE RESPECT YOURSELF  
CAMPAIGN

EVALUATION REPORT MARCH 2010



## **PRACTICAL SKILLS FOR PROFESSIONALS: HOW TO WORK EFFECTIVELY WITH CHILDREN AND YOUNG PEOPLE ON PERSONAL, SOCIAL, HEALTH AND ECONOMIC (PSHE) EDUCATION**

This evaluation report covers the evaluation of one of Loudmouth's most popular training programmes on working effectively with children and young people on Personal, Social, Health and Economic (PSHE) education.

### **The Course**

The training course is designed for professionals to help anyone who has a role in delivering PSHE to gain some new, flexible and effective techniques that can be used to look at almost any issue. This training programme is commonly used as part of the PSHE certificate and has been developed so that the approaches can easily be integrated into schools' existing PSHE programme

The training works by focussing on fictional characters and offering a third person perspective, participants are provided with necessary resources to address a range of PSHE topics using a safe and interactive approach. Participants learn how to incorporate the use of fictional characters into PSHE through four classroom based techniques. There are also opportunities in the training to practice facilitating these techniques during the training to help develop confidence in using these techniques.

The training is available as a half (3 ½ hour) or full day (6 hour) training session and to ensure the quality of interaction this training works with a maximum of 20 participants in each session.

Participants will -

- Increase their awareness of how fictional characters can be used to teach PSHE.
- Increase their confidence in using interactive techniques in PSHE.
- Increase their knowledge of practical interactive techniques that can be used in PSHE.

### **Loudmouth Education and Training**

Loudmouth is a theatre company that helps schools and other organisations with their Personal, Social, Health and Economic (PSHE) education programmes. Loudmouth's aim is to help children and young people to have healthy, happy and safe relationships. The company use drama, interaction and discussion to explore issues that affect young people. Loudmouth's education and training programmes are proven to help learners to challenge attitudes, gain new skills and increase knowledge.

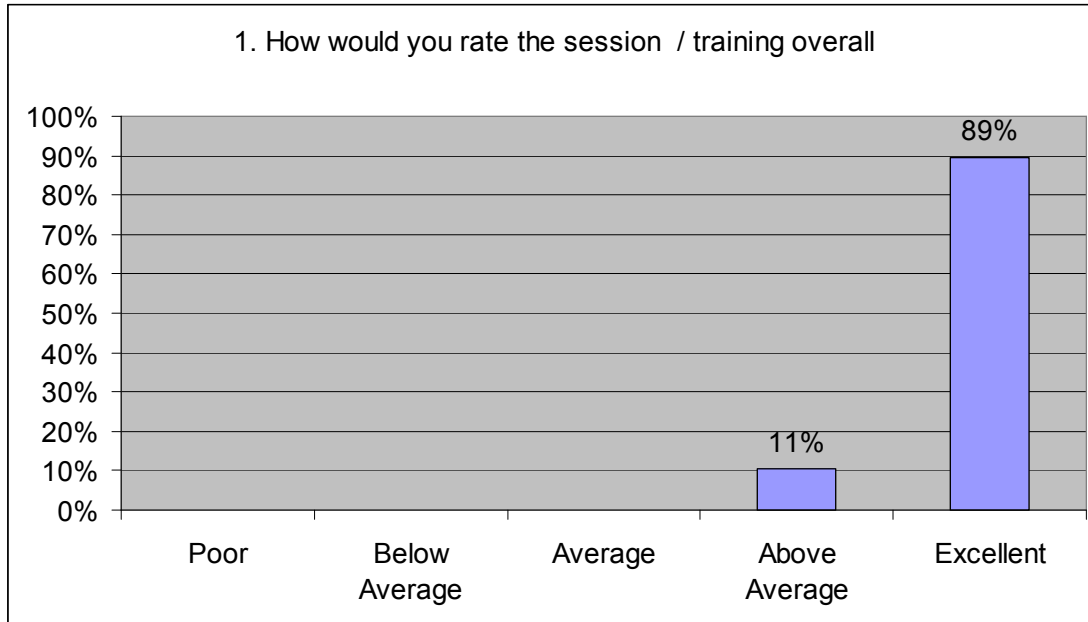
### **The Evaluation**

This evaluation report focuses on a session of this training course for Warwickshire Respect Yourself Campaign. The course was part of their workforce training aimed at staff working with young people within Warwickshire. The training programme is a 6 hour training session that teaches professionals how to use interactive techniques to engage young people on PSHE issues. The session took place at CHESS in Nuneaton, Warwickshire on Friday 26th March 2010 and was developed and delivered by Loudmouth Education and Training. 19 people attended the training programme from a wide variety of backgrounds and settings.

This evaluation report focuses on both process and impact exploring what participants thought of the training content and approach as well as whether they felt their knowledge, confidence had skills had developed as a result of the training.

## RESULTS

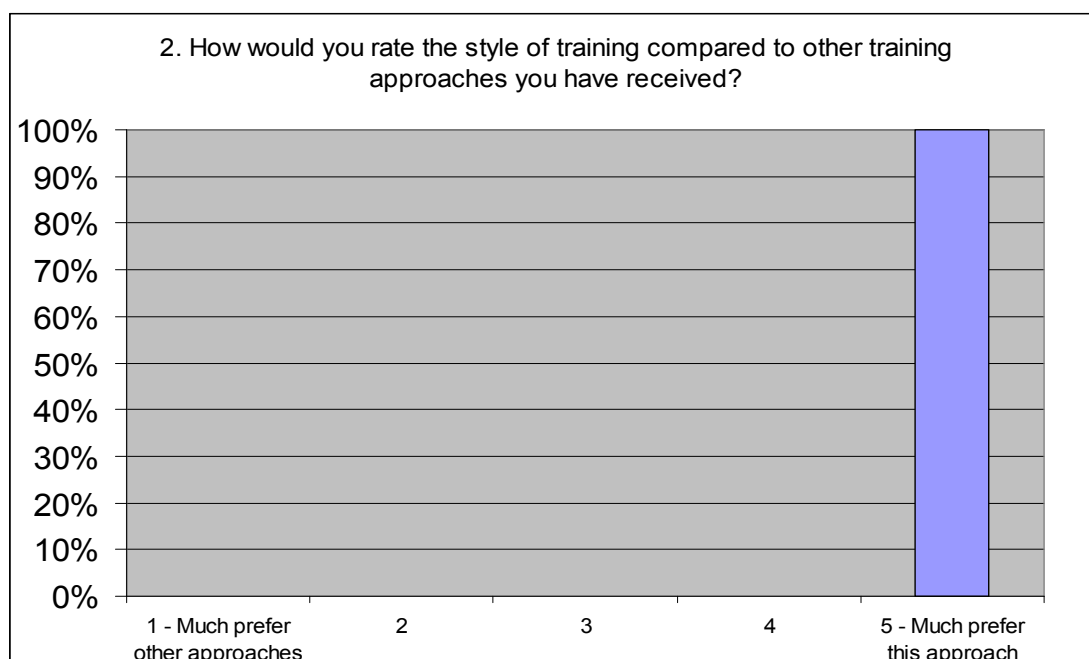
The training was very well evaluated with 89% of participants rating the training as excellent overall. All of the participants rated the session as above average or excellent.



Loudmouth use interaction and drama in all of their training sessions. Participants were asked to evaluate on a scale which style or approach to training they preferred. 100% of participants said that they much preferred the method that Loudmouth used to other training approaches they had received.

***“Much more relaxed and enjoyable atmosphere, learned without realising it”.***

Amanda Lay, Cover Supervisor, Higham Lane School



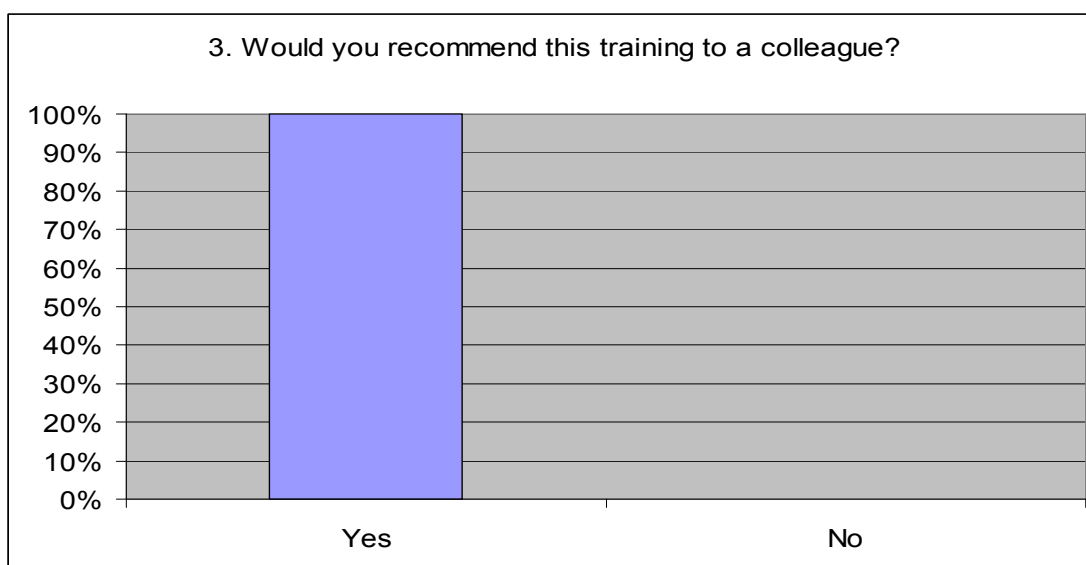
***“Interactive, inclusive, valuable applicable techniques to a variety of role play/situations young people deal with every day”.***

Rajvinder Chana, Youth Worker, Warwickshire County Council Youth Service

100% of participants said that they would recommend the training to a colleague.

***“Lots of teachers are maybe uncomfortable teaching RSE. This training will help teach them to teach without the embarrassment”.***

Amanda Lay, Cover Supervisor, Higham Lane School



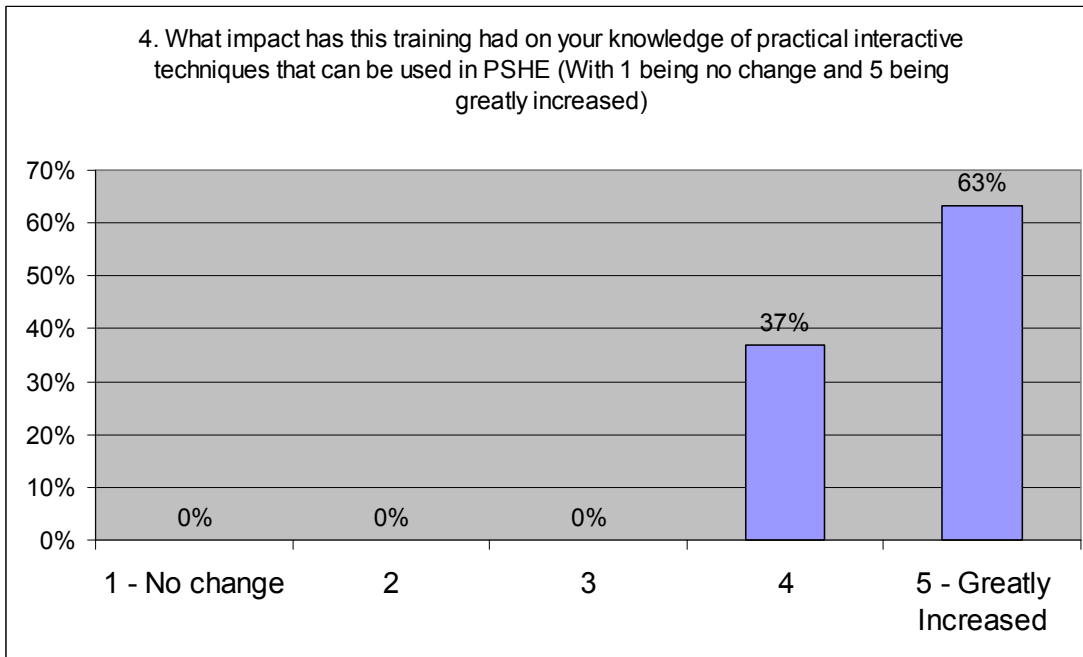
In terms of the quality of training and approach the session scored very highly illustrating a strong sense of satisfaction with the process used.

The next part of the evaluation focuses on the impact of training using the agreed learning objectives to measure against. The 6 key objectives are listed below.

1. Participants have an increased awareness of how fictional characters can be used to teach PSHE.
2. Participants have an increased awareness of the need for PSHE that looks at attitudes and skills as well as knowledge.
3. Participants have increased understanding of what young people want from PSHE.
4. Participants have an increased confidence in using interactive techniques in PSHE.
5. Participants have an increased ability in facilitating PSHE sessions that use interactive techniques.
6. Participants have increased knowledge of practical interactive techniques that can be used in PSHE.

The first question looked at the impact on the participants’ knowledge of interactive techniques. All showed some increase with most showing significant shifts. 63% of participants stated that the training had greatly increased their knowledge of interactive techniques.

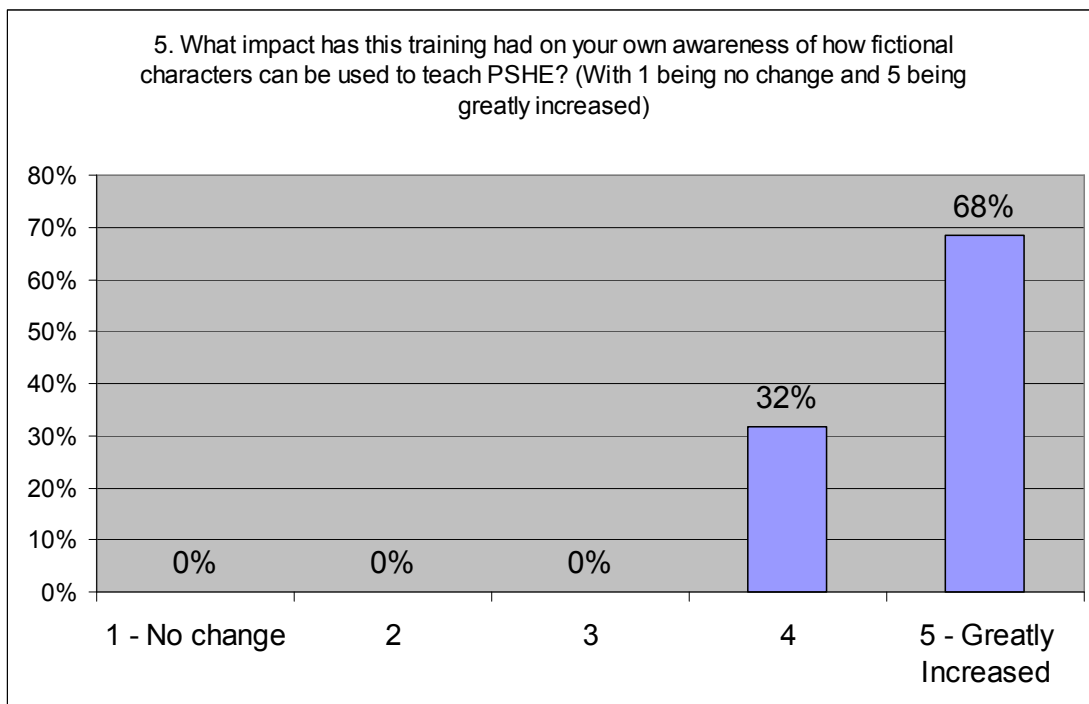
***“Will definitely give it a go and disseminate to my staff”.***



***“Greater knowledge, ideas and confidence.”***

Craig Tipper, Youth Worker, Warwickshire County Council Youth Service

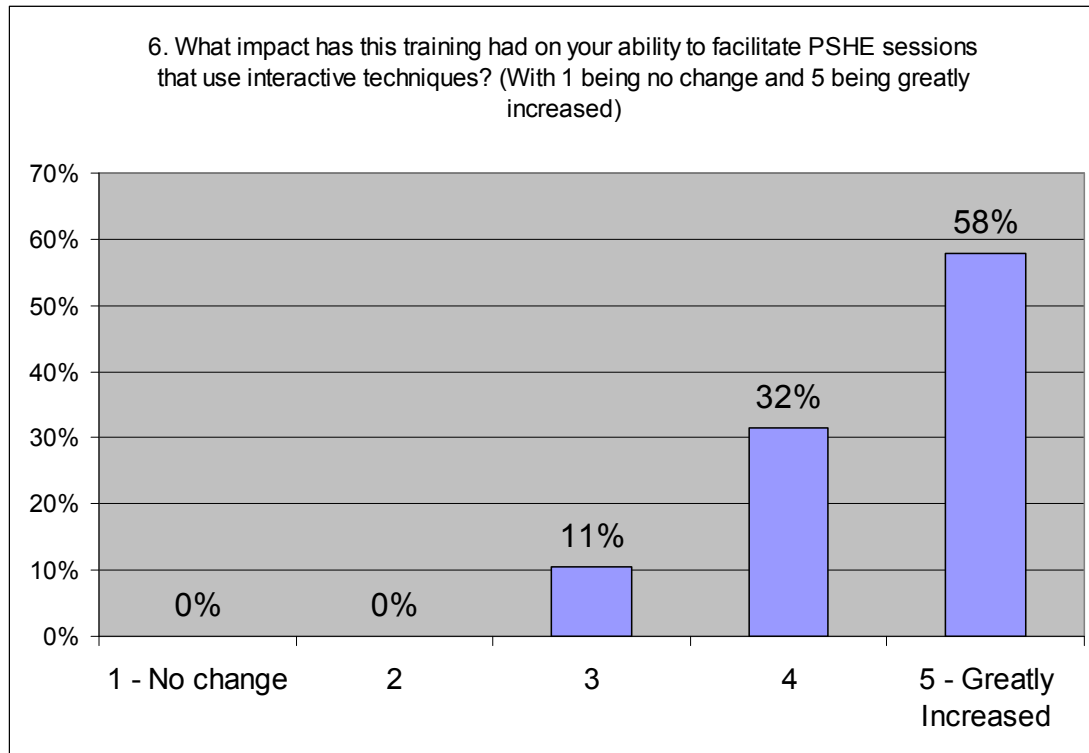
There was a similar impact on participants’ awareness of using fictional characters in the teaching of PSHE. All showed significant increases with 68% stating that the training had greatly increased their awareness of how fictional characters can be used to teach PSHE.



***“Seen the possibilities for tackling really sensitive issues.”***

Stephanie Cairns, School Nurse, NHS Warwickshire

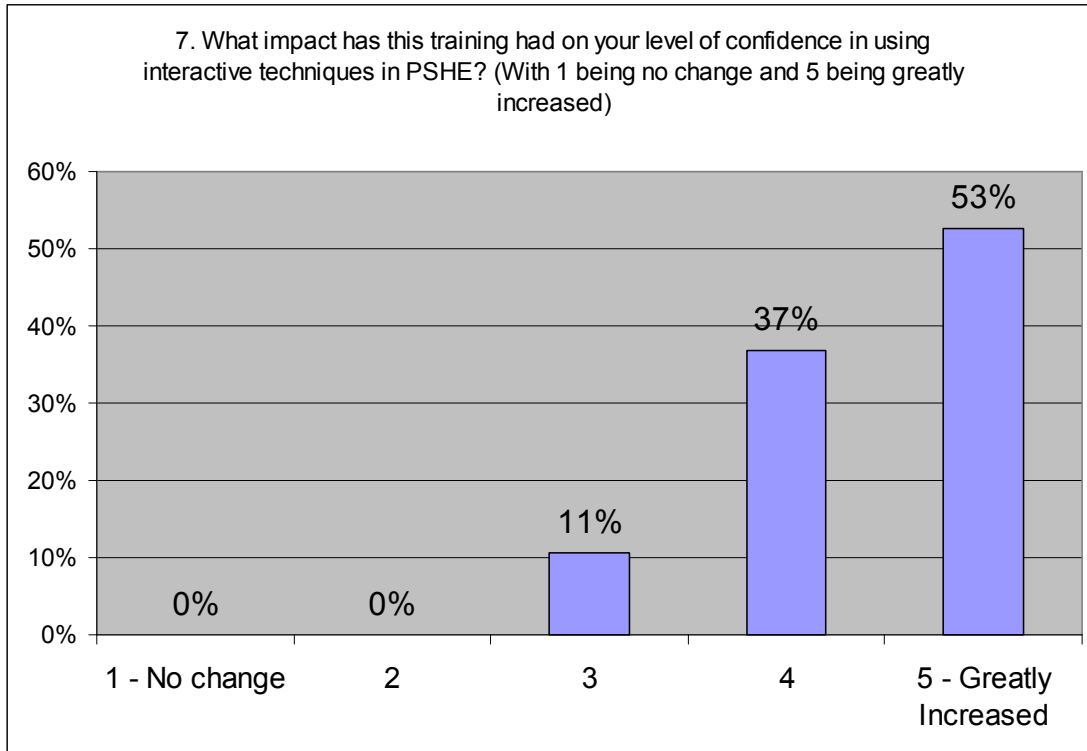
The next question focused on facilitation. All showed some change with most showing significant increases. 58% stated that the training had greatly increased their ability to facilitate PSHE sessions using interactive techniques.



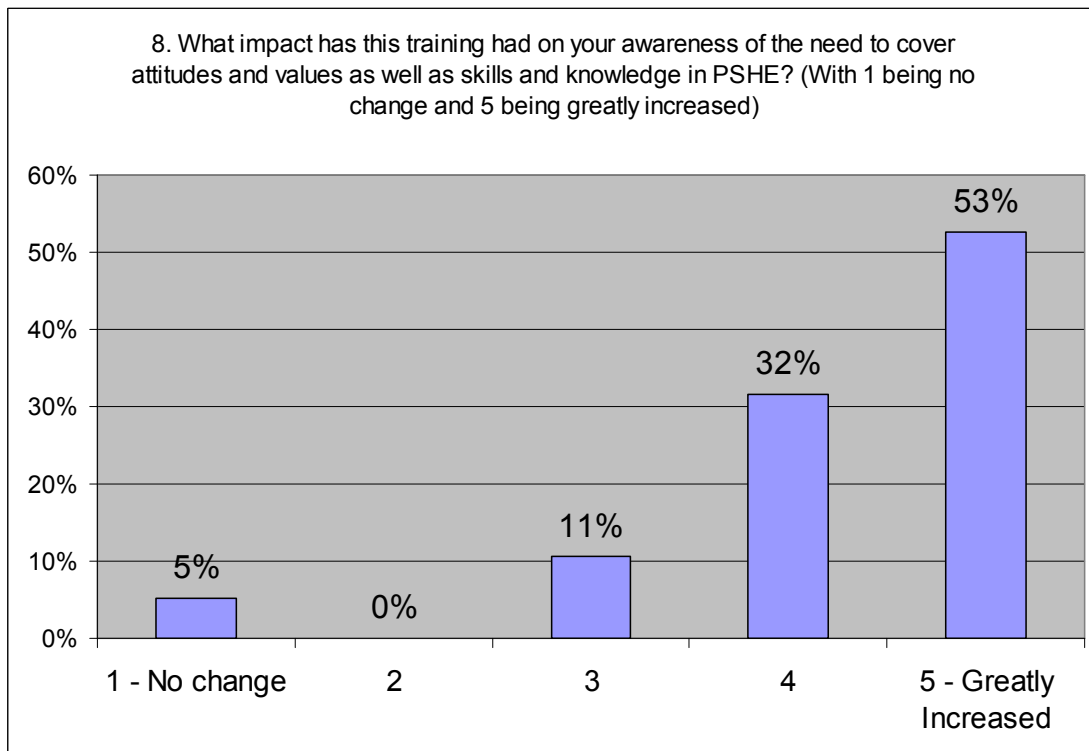
There were similar results for the increase in participants' confidence levels. Again most showed significant increase with 53% stating that the training greatly increased their confidence levels.

***“More confident now to teach PSHE”.***

Alison Blisset, Primary Teacher, Newdigate Primary School



The next question looked at the participants' awareness of the need to cover attitudes and values as well as skills and knowledge. 95% showed an increase in their ability with 53% stating that the training had greatly increased their awareness.



## CONCLUSION

There was a good response to the training, with 19 out of 20 places being taken.

The evaluation did evidence that the training was well received and in a style and approach that participants preferred and would recommend.

All participants stated that they had increased their knowledge and awareness of using fictional characters in PSHE and had increased their ability and confidence in using the techniques. In the one area that showed no change this was only for 1 person with most showing significant increases across all of areas set in the learning objectives.

In most cases around 90% of participants rated the increase as a 4 or 5 on the scale and the added comments confirmed the impact the training had had on all participants.

Whilst these are strong results, they are lower than would normally be expected for this training. The group included some very experienced facilitators or trainers in their own right who were more confident and proficient than many of the teachers or learning mentors who the course was originally designed for. Even with this the increase is very high with all of the participants showing an increase in their knowledge, confidence and facilitation skills.

**“I think Loudmouth are excellent TIE/training providers. Would recommend highly to others”.**

Alison Boffin, Health Development Officer, NHS Warwickshire

**For more information on this programme or on any of Loudmouth’s education or training work, call 0121 4464880 or visit our website at [www.loudmouth.co.uk](http://www.loudmouth.co.uk)**