

TRAINING

Child Sexual Exploitation (CSE): Raising Awareness Training

CSE (Child Sexual Exploitation): Raising Awareness Training

Course Outcomes

- ✓ To have an increased awareness of CSE including grooming/online grooming, child sexual exploitation and abuse of power and control in relationships, groups and gangs.
- ✓ To have an increased ability to spot the signs of exploitation, abuse of power and control in relationships (including online relationships), groups and gangs.
- ✓ To have increased knowledge of relevant and appropriate services that can offer help or support to young people around sexual exploitation, e.g. Say Something, Barnardo's.
- ✓ To have increased participants' knowledge of the importance of communicating effectively with victims of CSE.

Course Outline

The 2-hour course starts with a 40-minute performance of Working For Marcus. This highly realistic drama raises awareness of CSE, providing reference points that are explored throughout the rest of the training course.

After the drama the participants discuss the issues raised and the trainers draw out the key elements shown to look at the key signs and symptoms that someone could be involved in CSE (unexplained gifts or new phones, staying out later, older boyfriend etc.), and how young people get drawn into CSE and react when involved. The drama is also used to develop the participants' empathy for those who are manipulated into being involved. Through discussion, the trainers draw on existing models such as Barnardo's Grooming Line and explore the difference between appropriate and inappropriate teenage relationships to further enhance the participants' understanding of CSE.

The next section brings the whole training together as the delegates have the chance to work with the character of Caz from the drama, a victim of CSE. The participants get to talk to the actor/ trainer in role using Caz as a working case study. The audience further develop their understanding and empathy and can advise and support Caz in how she can get help. This section of the course is very powerful as it allows the participants to really engage with the reality and emotion of CSE whilst thinking about the many challenges in supporting someone who is involved. The actor / trainer draws on their own detailed knowledge and research on the issue to provide an accurate portrayal providing a realistic and relatable case study for the group.

The course ends with information on relevant local services highlighting where the participants could signpost to or go for additional information or support.



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Trainer Profiles

Loudmouth Education and Training have over 20 years' experience in delivering innovative and thought provoking training on young people's safeguarding. Loudmouth's training for professionals on Child Sexual Exploitation (CSE) is delivered by Loudmouth's experienced trainers.

Loudmouth have delivered their highly evaluated theatre in education programme, Working For Marcus, to educational settings to raise awareness of CSE to thousands of young people and professionals across the country. A major part of their role is delivering the company's training programmes, working with professionals from many different backgrounds. Examples of some of their experience of delivering CSE training include working with Local Safeguarding Children's Boards, city and county councillors, health and social care staff from Health Foundation Trusts and Local Authorities, Clinical Commissioning Groups and charity staff including Terence Higgins Trust.

Loudmouth bring added value to any training course as they combine strong training and facilitation skills with acting and performance skills. This allows them to seamlessly include drama as an innovative learning tool without the need for an outside company whilst also giving the drama added depth due to their knowledge of the issues as trainers.

Loudmouth were heavily involved in recent redevelopments of Loudmouth's CSE work including new research into online and gang grooming. They can adapt workshops on CSE to meet the needs of different audiences and needs.

Loudmouth's recent training with Birmingham South and Central Clinical Commissioning Group resulted in the start of cultural change in primary care to recognise CSE and their work has increased referrals as well as awareness of the issues and potential signs.

Loudmouth work closely with other CSE related organisations to keep their own knowledge up to date and have co-delivered training sessions with Barnardo's in Birmingham to provide different approaches and perspectives for delegates.

"The standard of training and delivery were exceptional. Since this training was rolled out to health practitioners, there has been an increase in referrals to Birmingham Multi Agency Safeguarding Hub, practitioners attending further CSE safeguarding training and identification of children of concern at safeguarding supervision."

- Child Sexual Exploitation Named Nurse, Birmingham Community Healthcare NHS Trust.



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